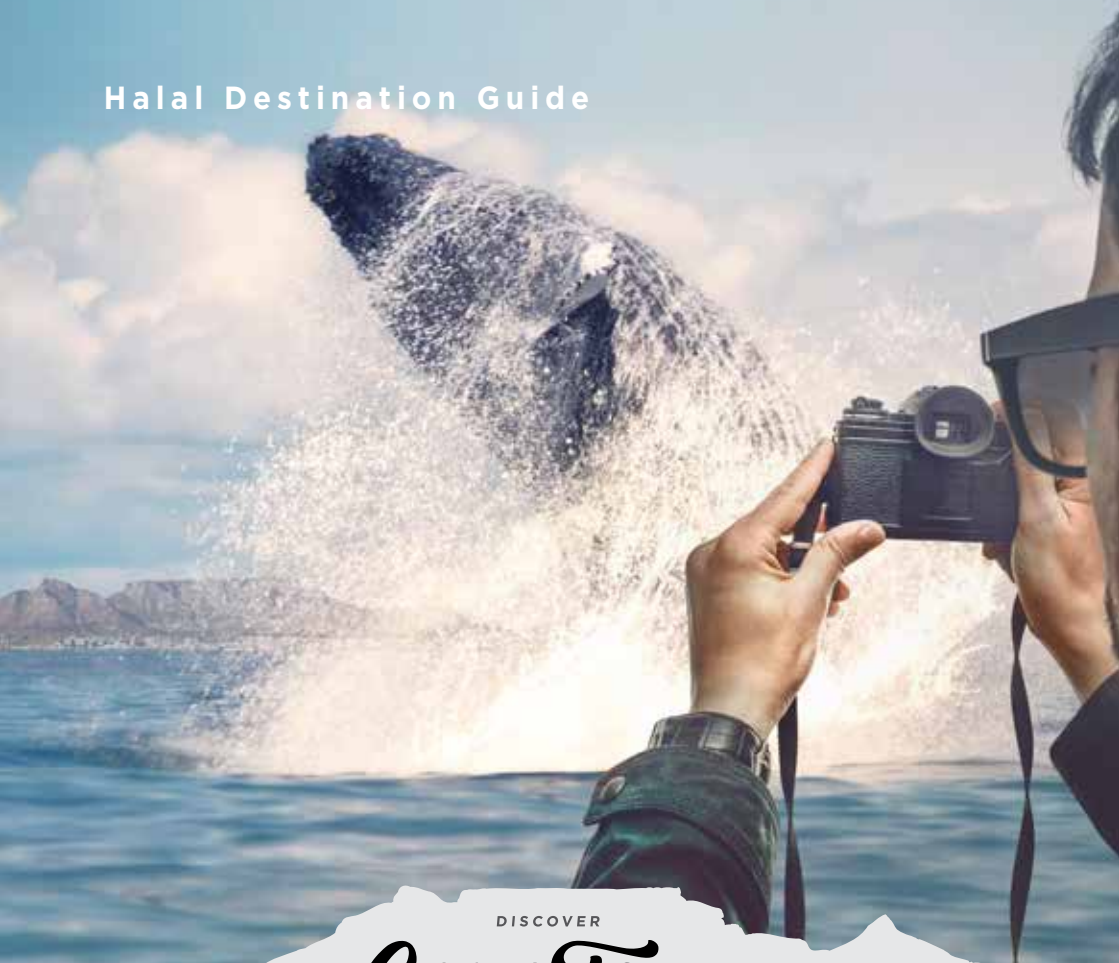


TOURISM EXPERIENCES ACROSS CAPE TOWN AND THE WESTERN CAPE

Halal Destination Guide



DISCOVER

Cape Town

AND THE WESTERN CAPE, SOUTH AFRICA.

www.wesgro.co.za

[#capetown](https://twitter.com/capetown)

[#discoverctwc](https://twitter.com/discoverctwc)



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WELCOME

Welcome to Cape Town and the Western Cape

To visit our inspiring province is to love our province. Cape Town city is a bustling melting pot of cultures, tastes and experiences for young and old. You'll find state of the art shopping malls, open-air markets, a dynamic night life and windows into our rich history. You're going to want to discover more, and a world of natural beauty lies beyond the boundaries of the city in the greater Western Cape regions: the Cape West Coast (Weskus), the Cape Karoo, the Garden Route & Klein Karoo, the Cape Winelands and the Cape Overberg.

Each area is worth exploring and has its own charm, you'll uncover diverse culinary delights, award-winning wine estates, nature in full bloom, wide open spaces and deserts, azure waters and white sandy beaches, luxury experiences and animal encounters that will make your journey truly unforgettable. But that's not all you'll find here. Drawing strength from its diversity it's the people that make our destination beautiful, and they invite you to share in our colourful heritage.

POPULATION:

6,166,324 (Stats SA) people call Cape Town and the Western Cape their home.

CLIMATE:

We have a year-round mild Mediterranean climate, with temperatures averaging between 15°C - 27°C.

CURRENCY:

South African Rand (ZAR): R1 = 100 cents

Coin denomination: 5c, 10c, 20c, 50c, R1, R2 and R5

Banknote denomination: R10, R20, R50, R100 and R200

FOREIGN EXCHANGE:

It is important to note that you can only pay in Rands in South Africa. Money can be exchanged at the airport, commercial banks, Rennie's Travel and American Express. These can be found in most shopping centres in the Western Cape. You may also find exchange facilities in some hotels.

Banking hours are: 9am - 3.30pm (weekdays)

and 8.30am - 11am (Saturdays) and are closed on Sundays and Public Holidays.

All major credit cards are accepted at most establishments in the Western Cape.

LANGUAGES

South Africa has 11 official languages but English, Afrikaans and Xhosa are the most frequently heard in our Province.

Some local chit-chat:

ENGLISH	AFRIKAANS	XHOSA
Good morning	Goeiemore	Molo
Hello	Hallo	Bhota
Goodbye	Totsiens	Sala Kakuhle
Thank you	Dankie	Enkosi
How much does this cost?	Hoeveel kos dit?	Yimalini?
Yes	Ja	Ewe
No	Nee	Hayi

DUTY FREE SHOPPING

All stores must charge the Value Added Tax (VAT) of 15% that is levied on the purchase of most goods in South Africa. As a foreign visitor you may apply for a refund of the VAT you pay while in the country provided you apply before you depart.

Ensure that you receive your tax receipts for all purchases made, to claim your VAT refund, present all your tax receipts to the VAT administrator at your point of departure.

BUSINESS HOURS

Shops at the major malls such as the V&A Waterfront and Canal Walk are open until 9pm everyday, while the shops in shopping centres close at 7pm. Informal traders and flea markets generally trade from 9pm - 4pm. Muslim owned businesses are closed between 12pm and 2pm on Fridays.

SAFETY TIPS

Avoid walking in deserted and dark places at night. Never allow strangers to assist you in any way at ATMs. At night, park in a secure and well-lit area with street guards. Keep photocopies and all valuable documents in a safe place.

HEALTH AND SAFETY

Cape Town and the Western Cape is open for leisure and business travel. For the latest information on travel restrictions, visa requirements and the latest Covid-19 health and safety information visit <https://safetravels.capetown>

DRINKING WATER

Drinking water in South Africa is safe to drink and cook with when taken from taps in urban areas. Not all tap water in rural areas is safe for consumption, so take precautions if necessary.

EMERGENCY NUMBERS

For all emergency services from your mobile dial: 112
All emergencies from landline: 107
South African Police Service: 10111

Air lift

Operating carriers



Suspended



Not operating



CPT international routes (29 March 2021)



2.

DISCOVER CAPE TOWN AND THE WESTERN CAPE



12 out of the TOP 20 attractions and landmarks visited in South Africa were based in the Western Cape.



13 out of the TOP 25 natural scenery and game attractions visited in South Africa were based in the Western Cape.



The **Victoria Wharf Shopping Centre** is ranked as the **TOP** mall in the **TOP 20** malls and urban attractions visited in South Africa.



Robben Island ranked as the **TOP** landmark in the **TOP 10** culture and heritage attractions visited in South Africa.

Source: SATourism, 2018



Camp's Bay and Clifton ranked as the **TOP 2** beaches in the **TOP 10** beachfront attractions visited in South Africa, followed by **Mossel Bay** in 10th position.



Introduction to the Western Cape

Cape Town

Cape Town has always been considered the jewel in the crown of the Western Cape with the city's natural beauty, depth of experiences on offer and friendly locals well known. With a history as rich as it is diverse, the Mother City is a heady mix of cultures, blended in a tumultuous past, making it one of the world's most cosmopolitan and intriguing cities to visit. With its natural beauty, blending seamlessly with its cultural, artistic and bespoke experiences, there is something on offer for traveller of all kinds.

The unmatched wonder of Table Mountain is always popular, while in the summer, the many beaches across the city's coastline are packed with both locals and foreigners alike. It is also quickly becoming a favourite for those seeking something more extreme, with shark cage diving, abseiling and sky diving just some of the adrenaline fuelled activities on offer. It is the gastronomic capital of South Africa, with its restaurants consistently topping the local and international lists, while it boasts not one, but two world class wine routes, with the oldest wine farm in the country in Groot Constantia.

The city is also home to some of the most dynamic and versatile theatre venues you could ask for, including the Artscape, The Fugard and Maynardville Open-Air Theatre. The heritage of this great city is unmatched, its story to be found in any number of museums and heritage sites around the city. From the foreboding Rhodes Memorial, which sits along the slopes of Devil's Peak, in remembrance of the city's colonial past, to the emotional and torrid history of Robben Island and District Six, Cape Town's tale is equally one of tragedy and heartache, inspiration and a triumph. With so much on offer, is it any wonder that Cape Town continues to welcome the world to its doorstep?

Must-do Experience

Norval Foundation | Steenberg

Norval Foundation is a centre for art and cultural expression – dedicated to the research, education and exhibition of 20th- and 21st-century visual art from South Africa and beyond. Located in the Steenberg area of Cape Town, adjacent to Table Mountain National Park, the Norval Foundation combines the experience of art with an appreciation for nature. Norval Foundation's Sculpture Garden, outdoor amphitheatre, purpose-built exhibition spaces and research library are situated in a unique setting that offers visitors a multisensory experience. This is complemented by the Skotnes Restaurant, a bespoke shop and a children's playground.

www.norvalfoundation.org

Cape Winelands

The Western Cape is a place known for its abundance of quality wine and the Cape, in particular, is intrinsically tied to the vine. Nowhere is this truer than in the Cape Winelands, but while the wine put the Cape Winelands on the map, it delivers plenty on the food front as well, with world class restaurants in abundance, with Franschhoek and Stellenbosch, in particular, leading the way. Both towns are home to a number of award-winning restaurants, ranging from fine dining to more relaxed experiences.

Must-do experience:

Garden Tour at Babylonstoren | Simondium

Babylonstoren's daily guided garden tour starts at the Farm Shop at 10am. One of the experienced gardeners will be your guide on this tour, during which guests are encouraged to pick, taste, smell and touch while walking through the garden. Each of the 300 plant varieties is edible or has medicinal value. The beautiful garden is not only pleasing to the eye, but also provides the restaurants with fresh produce, harvested daily. Babylonstoren's enthusiastic guides will share some of the garden's special stories with you and give practical gardening tips.

<https://babylonstoren.com>

Cape Karoo

Known for its wide-open spaces, the Cape Karoo is where you want to go when the pace of city life is something you want to escape. This is where you go to get off the grid. A place of incredible beauty, wild game, clear skies and magical sunsets, the Cape Karoo has a number of Nature Reserves and game farms, boasting an abundance of wildlife. The Karoo National Park, for example, is home to black rhino, lions, and other wild game. Another animal in abundance in the Karoo is sheep, who roam 'freely' around the area on large plots of land, sampling a wide range of indigenous, aromatic plants. As a result, the Karoo has become famous for its succulent and tasty lamb dishes. You need to sample some when in the area! Perhaps the best way to see this ancient land is by train, with the luxurious Rovos Rail running through the area, as well as the more affordable Premier Classe, Blue Train and Shosholozza trains. What better way to see this magical place than by train? While in the area, be sure to visit Matjiesfontein, a tiny 19th Century town, seemingly untouched by time, and was once considered the jewel of the Western Cape.

Must-do experience:

Stargazing:

Stargazing is a must when visiting anywhere in the Cape Karoo it only takes you to look up and view stars pinned against a black canvas. From open vast landscapes, to sunsets followed by open starry night skies. The Cape Karoo is an untouched region just waiting to be discovered by you

Cape Overberg

The Overberg is known as the 'breadbasket' of the Cape, because of its wheat fields and large harvest of fruits. This is a place that boasts great diversity with coastal towns such as Hermanus, known as the jewel of the Cape Whale Coast for its abundance of marine wildlife, the beautiful Elgin Valley, an under-appreciated wine region and Swellendam, a jaw-dropping beautiful natural wonderland, coming to create a region unlike any other. With a landscape dominated by gentle, undulating hills, enclosed by the ocean and foreboding mountain ranges, the Cape Overberg is a favourite getaway for those seeking outdoor pursuits and adventure. The region also boasts an abundance of animal life – both land and ocean dwelling – with the wild horses that roam the wetlands between Bot River and Kleinmond having been there for as long as people can remember and Hermanus a favourite breeding ground for the Southern Right whale. Visit the coastal town from May to October and you're virtually guaranteed a sighting of these magnificent ocean animals

Must-do experience:

Glamtrails | Hemel-en-Aarde Valley

Glamtrails offers walking tours amongst the fabulous vineyards of the verdant Hemel & Aarde, designed to stimulate, refresh, entertain, and inform. The routes can be completed in a matter of hours, some a short stroll, others an uphill hike, each offering a unique experience. Take a meander through valleys and vineyards, up hills and mountain tracks, along farm roads and through incredible fauna and flora unique to the Western Cape. Break your hike with a picnic in vineyards or have a post-hike meal at a world-class restaurant.

www.glamtrails.co.za





Weskus

The Weskus (Cape West Coast) is a place so awe-inspiring, so jaw-droppingly beautiful, and so magical, you would need weeks to take it all in. Stretching from Malmesbury, just outside of Cape Town, to the border of the Northern Cape at Touws River, the Cape West Coast is best known for its beautiful beaches and the quaint, seaside towns that populate the region. Towns such as Langebaan, Lambert's Bay, Paternoster and Saldanha have all become a home-away-from-home for many Western Cape locals and are havens for those looking to escape the city. The region is also famous for its bountiful seafood, with snoek, mussels and crayfish in abundance and understandably the area has become a mecca for restaurants specialising in seafood dishes, the ingredients of which are usually fresh from the ocean in which they live. But the Cape West Coast is not just about the sea and all things related to it! There are many wonders that lie inland with the aptly named town of Darling famous for its wildflowers, which are in full bloom over September, and its locally produced wines, while the Cederberg Mountains boast century-old rock art, warm, welcoming locals and some of the best hiking, mountain biking and bouldering in the world.

Must-do experience:

West Coast Hop-on Hop-off Experience

West Coast Hop-on Hop-off offers, all for one price, a return guided day trip through the West Coast where you can experience every area to your heart's delight. This is the best way to learn of the culture and heritage of this region, while also doing an activity or two. Discover four distinct areas (with their activities) in the West Coast region as part of the Cradle of Human Culture Artist's Journey route: Yzerfontein, West Coast Peninsula, Veldrif and Elandsbaai.

www.wchoponhopoff.com

Garden Route and Klein Karoo

One of the most beautiful, diverse and awe-inspiring regions in the country, the Garden Route and Klein Karoo is also one of the most-loved road trips to embark on. Stretching from Witsand to Plettenberg Bay, right around to Oudtshoorn as well as Calitzdorp and Ladismith on the world-renowned Route 62, this is a place where adventure lies around every corner. With everything from majestic mountains – and equally impressive mountain passes – to brilliantly blue coastlines and thick forested areas, the region is a natural wonderland to explore with a hugely diverse number of experiences. Route 62 runs through some fantastic small towns, with a number of options available to you – from olive and fruit farms, lesser-known, but equally impressive wineries, and nature reserves. And while the Garden Route is often celebrated for its exquisite coastal beauty, brilliant beaches and marvellous lagoons, it is also a golfer's paradise with a number of world class courses on offer, including Fancourt and Pinnacle Point, with many designed by world famous golfers. For the adventurous, there are few better playgrounds to explore, with a myriad of trails, running through indigenous forests and up epic, jaw-dropping passes, while for those who prefer the water are sure to be spoilt by what is on offer in Knysna, Wilderness and Plettenberg Bay.

Must-do experience:

Featherbed Co. Experiences | Knysna

Featherbed Co. gives visitors to the Garden Route 'an unforgettable experience on the Knysna Lagoon'. The Lagoon, more accurately defined as an estuary, has five fresh water rivers flowing in from the surrounding Outeniqua Mountains meeting with the surge of sea water from the Indian Ocean through the mighty headlands – known as the 'Knysna Heads' – the grand sandstone cliffs towering above the entrance to the Knysna Lagoon. There are various family activities in Knysna, of which Featherbed Co. offers several unique activities, including cruising the lagoon, nature trails and hiking the Knysna Heads.

www.knysnafeatherbed.com

CAPE TOWN BIG 6

Cape Town Big 6 consists of Cape Point, Kirstenbosch National Botanical Gardens, Groot Constantia, Robben Island, Table Mountain and Victoria & Alfred Waterfront. These 6 attractions are definitely a must see when visiting Cape Town & Western Cape as they each offer their own unique beauty just waiting to be discovered.



Table Mountain

Table Mountain needs no introduction, this iconic landmark towers over Cape Town and can be seen from almost anywhere. One of the natural 7 wonders of the world, this icon can be explored by either a cableway or hike up. Whatever you may decide, you will be amazed at the views on top of this majestic mountain.

www.tablemountain.net



Kirstenbosch National Botanical Garden

Kirstenbosch National Botanical Garden was voted Garden of the year at the 2015 International Garden Tourism Awards and are located at the foot of the iconic Table Mountain. The garden is just over a hundred years old. It is the first garden of its kind to be devoted entirely to a single country's indigenous fauna. Visit the new Treetop Canopy Walkway, the 'boomslang' which gives you a bird's eye view of the gardens and the surrounding beauty.

www.sanbi.org/gardens/kirstenbosch/



Cape Point

There are not many things that can compare to the beauty at Cape Point, which is situated at the South western tip of Africa. These views allow for perfect photographic moments. Take a picture at the Cape of Good Hope sign for the perfect memories.

www.capepoint.co.za



Groot Constantia

Groot Constantia is South Africa's oldest wine producing estate. You can dine at superb restaurants while sipping on some of the finest wines. The beautiful estate with Cape Dutch architecture offers a wine cellar tour and superb wine tasting opportunities. For big groups wanting to visit the farm restaurants, special dietary requirements will be made.

www.grootconstantia.co.za



Robben Island

Robben Island forms part of the UNESCO World Heritage sites of the world and there are few places in South Africa that bear the weight and sheer historical importance. Discover a guided tour by a former inmate on the island which will provide you with a personalized experience through the prison cells and courtyard where many integral political figures such as Nelson Mandela aided in shaping South Africa.

www.robben-island.org.za



The V&A Waterfront

The V&A Waterfront is a world recognized shopping hotspot in the Western Cape. With over 450 retail outlets selling everything from fashion, homeware and curios, to jewellery, leather goods and audio visual equipment, the V&A Waterfront is South Africa's most popular shopping destination and also has prayer room facilities.

www.waterfront.co.za

SHOPPING

Cape Town and the Western Cape offers a variety of shopping, offerings from international luxury brands, Cape Town produced designer clothing and curios, quality diamonds, tanzanite and fine jewellery and world class collections of art.

For renowned brands and quality South African haute couture, plan a visit to one of the many shopping experiences across Cape Town and the Western Cape.



Canal Walk, just outside the Cape Town city centre, is one of the biggest shopping malls in the Southern Hemisphere, offering shoppers a choice between hundreds of stores offering everything from designer imports to hand-crafted South African curios.

Trading hours: 9am to 9pm, Monday – Sunday.

www.canalwalk.co.za



Tyger Valley Shopping Centre, a short drive out of the city centre, offers a waterfront, cinemas, restaurants and about 275 shops, boutiques and outlets to cater for every shopping need.

Trading hours: 9am to 7pm, Monday – Saturday and 9am – 5pm, Sunday.

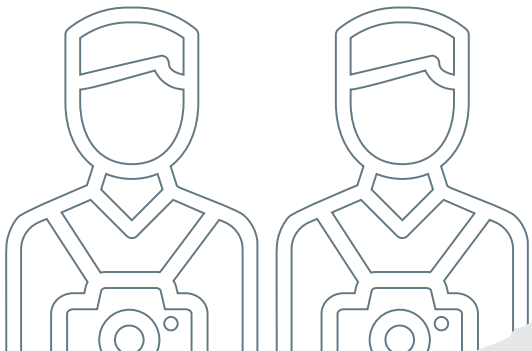
www.tygervalle.co.za



The Victoria and Alfred Waterfront is one of Africa's most visited destinations and attracts 24 million people every year. Its setting is in the oldest working harbour in the southern hemisphere and it has Table Mountain as a dramatic backdrop. With over 450 retail outlets

Trading Hours: Monday – 9am to 9pm, Monday – Sunday

www.waterfront.co.za





Madiba Itinerary

The Western Cape is a hugely diverse province, a melting pot of cultures and heritage, all of which have had an impact on our landscape. Few people, however, have left a bigger impression than former South African President Nelson Mandela, both in terms of the Western Cape and the country as a whole.

‘Tata’ (father) Madiba as he is affectionately known is largely considered as having been the patriarch of the ‘new’ South Africa. The Western Cape, of course, is where he took his last steps in his ‘long walk to freedom’ and you can retrace those steps when you visit us.

DAY 1 | Cape Town

Long March to Freedom Statue Exhibition | Century City
The Long March to Freedom exhibition is a monumental procession of 100 life-size bronze statues and the largest exhibition of its kind anywhere in the world. The bronze artworks depict South African and international icons, some famous and others unknown, and tell the story of South Africa’s 350 year struggle for freedom and democracy. A tour through the procession is an immersive and moving experience, connecting the visitor with the lives of the person so vividly created in bronze.
www.longmarchtofreedom.co.za

Eat at 126 Cape Kitchen & Café | Bo Kaap
Hyatt Regency Cape Town’s trendy yet relaxed restaurant draws from Malay & Indian inspired cuisine and situated in the heart of the iconic Bo Kaap neighbourhood. The inspiration comes from the colourful homes filled with blended aromas, for the restaurant’s hearty local home cooked meals which have been tested and perfected over time, blending in with the rich food culture that brings “people together”. Sourcing only the finest, locally sourced products creating and touching childhood memory with aromas and flavours captured in time. 126 Cape Kitchen & Café is fully Halal certified.
www.hyatt.com/en-US/hotel/south-africa/hyatt-regency-cape-town/cptcr/dining Zeitz Museum of Contemporary Art Africa

Apartheid to Freedom Walking Tour | City Centre
Get introduced to the history of apartheid in Cape Town and the places related to it. Hear about the apartheid laws and the consequences they had. Find out more about the struggle for freedom and what happened the day Mandela was released. Highlights and Cape Town attractions include St George’s Cathedral and Desmond Tutu, The Cape High Court and the “apartheid benches”, a stopover in District Six and the spot where Mandela made his first speech as a free man.
<http://freewalkingtourscapestown.co.za>

Stayover at Mount Nelson Hotel | Gardens
At the foot of Table Mountain is an inviting hotel, painted pink for peace in 1918. Within, the magic of a bygone era awaits. Delight in exquisitely restored interiors with quirky modern touches. Capture the light with a painting masterclass or unwind and indulge at the Librisa Spa. You are guaranteed an unforgettable stay.
www.belmond.com/hotels/africa/south-africa/cape-town/belmond-mountain-nelson-hotel

DAY 2 | V&A Waterfront

Robben Island Museum
Madiba spent 18 years imprisoned on Robben Island, which is located just under 7km from off the coast of Bloubergstrand, Cape Town. His stay there has formed an important part of the narrative and it’s the perfect place to start learning of not just his life story, but his fellow political prisoners. Be inspired by stories of former prisoners as they guide you through the prison hallways and around the island, which includes a visit to the Lime Quarry and the house of another famous political prisoner Robert Sobukwe. This three to five hour excursion is a life changing experience.
www.robben-island.org.za

Nobel Square
Based at the iconic V&A Waterfront, Nobel Square is where the statues of Nobel Peace Prize winners Mandela, Albert Luthuli, Archbishop Desmond Tutu and FW de Klerk stand side by side. It’s a favourite photo spot for visitors and locals alike, while the ever-popular V&A Food Market is located a few feet away. After lunch, make sure you explore the Waterfront properly, which has more than 450 retail stores in the main centre and a further 150 in the Watershed market.
www.waterfront.co.za

Eat at Karibu Restaurant
Set between the picturesque view of Table Mountain and the tranquil blue waters of the Atlantic Ocean, Karibu affords you the opportunity to experience the vibrant flavours of South Africa and be part of the unique theatre of dining. Encounter the ruggedness of Africa with the luxurious setting of the restaurant where a mixed fusion of Africa ambience blends itself with the flavours of our rich and diverse cultural heritage.
www.kariburestaurant.co.za

Tour of Cape Town Stadium | Green Point
This is where we celebrated the life of Nelson Mandela, where we cheered football’s superstars on the world’s biggest stage. It’s where we’ve had goosebumps from seeing the globe’s biggest names live on stage and taken selfies of ourselves dressed up for rugby 7’s greatest event. But it’s so much more than that. It’s also the perfect setting for a unique gala event, business conference or product launch and the ideal backdrop for an international blockbuster or one-of-a-kind photo shoot. Come and experience a paid tour of this iconic venue and see why it’s so much more than just a stadium. Registered tour guides accompanying tours will have free access. Tours run on Tuesdays and Thursdays at 12:00.
<https://capetownstadium.co.za>

Stayover at The President Hotel | Sea Point
Feel at home with 349 luxury rooms and apartments to choose from. Light, bright and spacious, there’s plenty of room to make yourself at home. Add to that an array of luxury facilities, smart technology and stylish design – and you’ll never want to leave!
<https://presidenthotel.co.za>

Distance from Cape Town to Stellenbosch: 53,2km

DAY 3 | Stellenbosch

Mandela Memorial Square
The Mandela Memorial Square located at the Stellenbosch Town Hall in the Cape Winelands is home to one of the lesser-known statues of Madiba. The design consists of iron silhouettes of Mandela’s face applied to two sides of a wall. The eastern side also comprises a map of the eastern part of South Africa showing the places of importance in Mandela’s life. The same applies to the western side of the wall (facing the town hall). A quote from Nelson Mandela’s first opening of parliament speech connects the wall with a bench on the southern side. The Mandela image and the bench are illuminated at night.
www.stellenbosch.gov.za

Eat at Indochine Restaurant @ Delaire Graff Estate
At Indochine, Head Chef Virgil Kahn’s Afro-Asian masterpieces are inspired by his Cape Malay heritage and epicurean journeys through Asia. Dine al fresco, with dramatic Table Mountain views, or in the atmospheric, art-filled restaurant.
www.delaire.co.za/dine

Dine with Locals in Kayamandi
There is no better way to get to know somebody than by breaking bread with them. Dining with locals provides a unique opportunity to experience the rich and cultural diversity of Stellenbosch community, Kayamandi. Enjoy traditional African cuisine in the company of the locals. Your host will take you on a great storytelling journey, told with vivacity and humour, while touching on customs, traditions and township life. Experience true South African hospitality in their company and emerge richer for it, simply by sharing a meal.
www.visitstellenbosch.org

Distance from Stellenbosch to Franschhoek: 37,4km

DAY 4 | Franschhoek

Mont Rochelle Nature Reserve
Mont Rochelle Nature Reserve is part of the UNESCO-declared Cape Winelands Biosphere Reserve. Situated in the Franschhoek Mountains, the reserve offers spectacular views of the Franschhoek Valley, diverse plant life and over 30km of safe, well-maintained hiking trails.
<https://montrochellehiking.co.za>

Eat at the South African Table @ Leopards Leap Vineyards
The Leopard’s Leap South African Table presents guests with the opportunity to taste authentic South African dishes and to learn more about the food heritage while sharing a meal.
<https://leopardsleap.co.za/pages/south-african-table>

Drakenstein Correctional Centre
Take a scenic morning drive to historic Paarl and visit the Drakenstein Correctional Centre where Nelson Mandela spent the last 14 months of his 27 years of imprisonment in a house on the property. Here, you will find a bronze statue of Nelson Mandela at the entrance of the prison, with a raised fist, signifying the freedom of a once oppressed country.

Stayover at Grande Provence Heritage Wine Estate
Sitting in the magnificent Franschhoek Valley in South Africa’s Western Cape, her lush vines spread across 47-acres with gentle vistas over the valley floor, with the rugged mountains beyond. This is heartland South African wine country at its very finest.
www.grandeprovence.co.za

Distance from Franschhoek to Genadendal: 74,4km

DAY 5 | Genadendal

Genadendal Mission Museum
The oldest mission station in South Africa, Genadendal (which means ‘Valley of Grace’) is home to about 8000 people and the Mission Museum, a national monument with beautifully restored historic buildings, showcasing some of South Africa’s most important artefacts. You’ll feel like you’ve stepped back in time as you learn about Genadendal’s inspiring history. During his term as president Nelson Mandela decided to rename the presidential official residence in Cape Town from ‘Westbrook’ to ‘Genadendal’ in honour of the oldest mission settlement in South Africa.
www.genadendal.info

Eat at the Old Potter’s Inn | Greyton
Welcome to The Old Potter’s Inn, Greyton. A small kitchen space dedicated to fresh, quality cuisine. This fully licensed establishment serves breakfast and lunch. They offer TRUTH coffee as well as a variety of teas and Rooibos, along with Hot Chocolate and Red Espresso.
www.oldpottersinn.co.za

Genadendal Hiking Trail
The Genadendal Hiking Trail is a relatively tough but scenic, 2-day circular route that includes an overnight stay in a farm cottage. The route starts at the Genadendal Mission Museum, winds up the mountains, through a farm, where you stay over and then back down the next day. The trail offers interesting rock formations, natural rock pools to cool off in the hot summer months and breathtaking sweeping views of the Overberg valley. With flowers dotting your walk as you go, you may even get a chance to see a few Proteas in bloom.
www.genadendal.info/genadendal-hiking-trail

Stayover at Weder Guest House
This is one of the original missionary houses with all the old-world charm you could possibly expect. Thick adobe walls, thatch roof, several fireplaces, wooden shutters and oodles of character.
<https://xplorio.com/greyton/weder-guest-house>



Discover the Weskus

DAY 1 | Atlantis – Riebeeek Valley

Atlantis Dunes Quad Bike Tour | Atlantis

The Atlantis dunes located 50km outside of Cape Town, boasts over 20km² of sand based terrain. The Guided Tours take you through these open dunes that are very reminiscent of those found in the Namibian desert, with beautifully white sand and dunes undulated by the wind.

www.headoutquadbikes.com

Eat at Café Felix | Riebeeek Kasteel

Café Felix is situated in the picturesque Riebeeek Valley. Famous for tranquility, good food and friendly staff. This is French Provencal at its best. Escape the city and soak up the peace and tranquillity of the countryside. Enjoy a fabulous breakfast, lunch or dinner under the old oak trees in the garden or courtyard.

<https://cafefelix.co.za>

Bartholomeus Klip | Hermon

Bartholomeus Klip is a wonderfully restored Victorian homestead on an operational wheat and sheep farm situated in the Swartland region. There are many different things to do at Bartholomeus Klip, although plenty of the guests love to spend their time with us just switching off. However for those seeking adventure, activities on offer at Bartholomeus Klip include guided nature drives, mountain biking, water activities, hiking, and bird-watching.

www.bartholomeusklip.com

Stayover at Vineyard Views Country House | Riebeeek Kasteel

Vineyard Views Country House is a purpose built luxury country house, offering four well-appointed guest rooms in the picturesque Swartland town of Riebeeek Kasteel. Set within a Colombarid vineyard and bordering working wine farmlands, there could not be a more apt name for this splendid guest house offering.

www.vineyardviews.co.za

Distance from Riebeeek Kasteel to Darling: 56,7km

DAY 2 | Darling – Yzerfontein

Olive-tasting at Darling Olives | Darling

The Basson family takes great pride in welcoming you to Darling Olives, a family-run business located on Alexanderfontein Estate just 3km outside of Darling. The location offers the perfect balance of cool, refreshing air from the Atlantic and hot, dry summers – resulting in delicious olives that you simply have to experience.

www.darlingolives.co.za

Eat at Evita se Perron | Darling

You can't visit Darling without stopping by at Evita se Perron where satirist, Pieter Dirk Uys, turned the old Darling station into a theatrical experience. The restaurant, exhibition hall, garden displays and theatre is home to Uys' alter ego, Tannie Evita Bezuidenhout.

www.evita.co.za

Adventure trails at !Khwa ttu Cultural Centre | Yzerfontein

!Khwa ttu has several walking and mountain bike trails to suit all tastes and levels, from hard core to easy riding. There is a small cost to use the trails. You must become a Friend of !Khwa ttu. Sign up is simple and done at Reception. If cycling you will need to BYOB 'Bring your own bike'.

www.khwattu.org

Stayover at The Olive Tree Villa | Yzerfontein

The Olive Tree Villa offers breath-taking beach front accommodation in this unique location on the shores of Yzerfontein's unspoilt beaches with spectacular views of Table Mountain and Dassen Island. Experience a pristine coastline – with views from every suite.

<https://theolivetreevilla.co.za>

Distance from Yzerfontein to Langebaan: 54,8 km

DAY 3 | Langebaan - St Helena Bay

Thali Thali Game Lodge | Langebaan

Thali Thali is a 1,460 hectare Cape West Coast game and fynbos reserve situated just over 1 hours drive from Cape Town, bordering the West Coast National Park and Langebaan. Take time out and relax at Thali Thali offering a laid-back West Coast style break-away – complete with game drives, archery lessons and drinks on the deck of their restaurant and bar.

www.thalithali.co.za

Eat at La Petite Maison | Langebaan

La Petite Maison Restaurant is the culinary dream of husband and wife duo Yohann and LaRetha. Langebaan's first fine dining restaurant showcasing French cuisine at its finest with the best local seafood and locally sourced ingredients.

www.lapetitemaisonrestaurant.co.za

Coastal Drive | St Helena Bay

The Shelley Point Hotel & Spa offers a unique experience to guests – the very popular Coastal Drive. The owner of the Hotel brought two of his game-driving vehicles all the way from Namibia to Shelley Point to show guests a bit more of the beautiful West Coast.

<https://shelleypointhotel.com/west-coast-peninsula-activities>

Stayover at Shelley Point Hotel | St Helena Bay

Nestled in the charming West Coast Peninsula, Shelley Point Hotel & Spa is a haven of tranquillity, set in acres of lushly landscaped Links Golf Course and miles of sandy white beaches! This area enjoys the best features of the Cape's Mediterranean climate with hot summers and mild winters. With endless amenities such as a spa, hair salon, childcare and cinema you are spoilt for choice.

<https://shelleypointhotel.com>

Distance from St Helena Bay to Clanwilliam: 165,1 km via R364

Day 4 | Clanwilliam – Citrusdal

Rocklands Boulderling

De Pakhuys offers accommodation in the middle of the world famous Rocklands climbing area. Enjoy some of the best bouldering spots in the world.

www.depakhuis.com/bouldering

Eat at Velskoendraai Farmstall

Send your taste buds on a journey as you try local cuisine. Velskoendraai consists of the Farmer's Market, gift shop and restaurant.

www.velskoendraai.co.za

Hebron Rooibos Tasting

Hebron offers lovely Rooibos Tea tastings combined with food pairings at their lovely location at the top of the Piekenierskloof Pass. The best the Cederberg has to offer all combined into the culinary splendour.

<http://piekenierskloof.co.za/attraction/hebron>

Stayover at Citrusdal Country Lodge

Escape to Citrusdal Country Lodge for the perfect hideaway accommodation in Citrusdal, Western Cape. This family run hotel feels more like a home away from home, a place where you can kick off your shoes, relax and unwind as you discover the delights of the region.

<https://citrusdallodge.co.za>





Discover the Cape Overberg

Day 1 | Elgin Valley

Cape Canopy Ziplining

Only an hour's drive from Cape Town near Elgin Valley through the scenic Viljoens Pass in the Cape Overberg you will discover the Cape Canopy Tour that offers zip lining in one of the UNESCO World Heritage Sites. Zip line above flora that forms part of the Cape Floral Kingdom and above waterfalls and rugged canyons. www.capecanopytour.co.za

Eat at The Barn Restaurant @ Old Mac Daddy

The Barn Restaurant is where you will be enjoying plenty of wholesome and delicious food during a stay at Old Mac Daddy. Their kitchen vision centers around fare that's fresh, free range and organic (where possible), catering for the whole family including vegans and children. The restaurant is open daily from 8AM to 10PM and day visitors are welcome too. <https://oldmacdaddy.co.za/explorethebarn>

Luxury Off-road Experience

4Venture is a luxury off-road experience based in the Hottentots Holland Mountains overlooking the beautiful apple producing area of Elgin, South Africa. 4Venture combines the thrill of professional off-roading with the comforts of premium hospitality. www.4venturesouthafrica.com

Stayover at The House Boat at South Hill Vineyards

The latest accommodation addition to South Hill Vineyards is the much anticipated House Boat. An original Langebaan Houseboat newly restored in chic Scandi-style, this off-grid, comfortable houseboat is perfect for a water-based family holiday, getaway with friends or relaxing, romantic retreat. <https://southhill.co.za>

Distance from Elgin Valley to Greyton: 74,9km

Day 2 | Greyton

Greyton Nature Reserve

The Greyton Nature Reserve is, arguably, Greyton's greatest asset. The reserve is 2200 hectares in extent and is the third largest Nature Reserve in the Cape. It has never been properly explored and according to Professor Rycroft, contains plants that have not been seen since they were described by Burchell in 1812. <https://greytonconservationsociety.com/greyton-nature-reserve>

Eat at Vanilla Café

Pull in, drop your bag, kick your feet up and enjoy our freshly made, mouth-watering meals, prepared to culinary perfection. <https://vanillacafe.co.za>

Odyssey e-Bikes

Riding a bike has never been easier and seamless. It is hugely healthy and fun. Order your time-slot online, be sure to pay, arrive early and enjoy an extraordinary mixture of beauty and history, with unsurpassed views, trails and routes. Welcome to another way of experiencing Greyton! With 7 e-bikes available at The Hub & Spoke and the very heart & soul of the Greyton Biking Community, be sure to get your coffee fix, before you leave. <https://odysseyebikes.com>

Stayover at Greyton Lodge

With an emphasis on personalised service and attention to detail, Greyton Lodge offers guests a selection of 16 luxurious rooms, a breakfast restaurant, wine lounge, library and an historic pool, all set amongst the lush manicured gardens of the property. <http://greytonlodge.co.za>

Distance from Greyton to Hermanus: 84,4km

Day 3 | Hermanus

Glamtrails

Glamtrails offers walking tours amongst the fabulous vineyards of the verdant Hemel & Aarde, designed to stimulate, refresh, entertain, and inform. The routes can be completed in a matter of hours, some a short stroll, others an uphill hike, each offering a unique experience. Take a meander through valleys and vineyards, up hills and mountain tracks, along farm roads and through incredible fauna and flora unique to the Western Cape. Break you hike with a picnic in vineyards, or have a post-hike meal at a world-class restaurant. www.glamtrails.co.za

Eat at Ficks Restaurant

An awesome addition to the local restaurant scene in Hermanus. Ficks is an outdoor eatery right on the sea, with wrap-around decks overlooking the sparkling tidal pool of the same name. The eatery has brought new life to the 1930s tidal pool, inviting guests to unwind and soak up the serene ocean scenery. www.ficks.co.za

Whale watching in Walker Bay

Hermanus is regarded as the whale watching capital of South Africa and there are few better ways to see these gentle giants in their natural environment than on a boat-based whale watching trip. Southern Right Whales come to visit Hermanus shores to give birth or to find a mate every year between June and December. Whale watching season in Hermanus offers a spectacular experience for all visitors. www.walkerbayadventures.co.za

Stayover at Honey Rock Cottages

Honeyrock Cottages and Venues are situated outside Kleinmond, with the Kogelberg Mountains and the Atlantic Ocean framing the view. A wedding, events and conference venue or just a country breakaway, this is the perfect venue for it all. <https://honeyrockcottages.co.za>

Distance from Hermanus to Stanford: 24,5 km

Day 4 | Stanford

Cheese tasting at Klein River Cheese

Klein River Cheese Farmstead is a celebration of cheese, picnics and family and exists to unleash the inner artisan in every one of us. They are not just creating cheese and picnics but inspiring chefs and romantics, nature lovers and healthy, family-centered ambassadors www.kleinrivercheese.co.za

Eat at The Tasting Room @ Stanford Hills Estate

The Tasting Room is a wonderful breakfast and lunch venue, popular with locals and visitors alike. A renovated original farm cottage is the setting for the charming tasting and bar area, with views over a dam to the Stanford valley beyond. www.stanfordhills.co.za

Lady Stanford Boat Cruise

Hop aboard Lady Stanford for a scenic cruise along the Klein River toward the Hermanus Estuary bird sanctuary, and back. Lady Stanford is a spacious eco-friendly riverboat offering a sheltered lower deck and open-top deck, perfect for the ultimate photo opportunities. www.ladystanford.co.za

Stayover at Stanford Valley Guest Farm

Stanford Valley Guest Farm nestles in the valley of the Klein Rivier, 10km outside Stanford village. The farm offers comfortable accommodation in 7 self-catering cottages (of which 2 are family cottages) and 10 large en-suite rooms. Enjoy this safe and peaceful haven, have an exhilarating swim in the large dam or go hiking. Don't be surprised if you startle a duiker or reebok on the way! <http://stanfordvalley.co.za>





Discover the Cape Karoo

Day 1 | Touws River

Aquila Private Game Reserve

A mere two-hour drive from Cape Town, lies the Aquila Private Game Reserve near Touws River. Boasting the Big 5 – elephant, lion, rhino, buffalo and leopard – and many other iconic African animals, such as the Cape Zebra and Hippo, the 4 star Aquila Safari Lodge is the perfect place to start your journey into the Cape Karoo. Supporting a wide range of conservation initiatives, including Rhino conservation, compost recycling and maggot farming, this is responsible tourism at its finest. The family friendly reserve has something for everyone to enjoy with the Africa Boma restaurant that offers local cuisine, the pool deck overlooking the vast open spaces and a children’s entertainment area just some of the offerings. Enjoy a game drive as your guide stops en-route for light snacks and drinks, providing for perfect photographic moments. www.aquilasafari.com

Stayover at Aquila Private Game Reserve

Aquila offers a perfect room for anyone, and every budget for your relaxing overnight stay www.aquilasafari.com/accommodation

Distance from Touws River to Matjiesfontein: 56,8km

Day 2 | Matjiesfontein

Tour of Matjiesfontein

Take a step back into time and visit the charming Victorian town of Matjiesfontein. Fondly known as “The Grand Duchess of the Karoo”, the town was established in the year of 1884. The whole town of Matjiesfontein is a national monument and is believed to be one of the most haunted places in South Africa. And there is no better place to base yourself for the first half of your visit to the Karoo. The Lord Milner Hotel is a popular attraction as well as the London Red Bus, which will take you on the shortest tour in the country accompanied by the local tour guide, Johnnie, this humorous and informative tour is a must when visiting. Lasting no longer than 10 minutes, you will be back in no time at the Laird’s Arms pub right next door to the hotel. End your evening in The Dining Room at the hotel, where we recommend you order the lamb, sourced from the local Karoo farmers. The Dining Room at The Lord Milner Hotel has been serving its guests for the last 120 years; and boasts the same historic ambience found throughout Matjiesfontein. Dine in a Victorian setting filled with period antiques and let the red-jacketed porters welcome you. www.matjiesfontein.com

Stayover at Lord Milner Hotel

On the fringe of the Cape Karoo, the Lord Milner Hotel appears as if out of a conjurer’s hat: an authentic tribute to Victoriana, and the heart of Matjiesfontein Village. The Lord Milner is a graded three-star heritage site hotel and offers 15 classically furnished historic standard double rooms, and historic luxury and single rooms. Take a step back in time, to hear history’s palpable heartbeat—while the rooms have been tastefully updated in terms of linen and bathroom facilities—the experience will take you back to the Karoo of old.

www.matjiesfontein.com/rooms/the-lord-milner-hotel

Distance from Matjiesfontein to Laingsburg: 29,8km

Day 3 | Laingsburg

Flood Museum

Just 20km from Matjiesfontein, the charming town of Laingsburg offers old-school hospitality and with buildings dating back to the 1800s, you will remain in time capsule mode. Make sure you visit the Flood Museum in town, which allows you to view artefacts and images from the terrible flood that hit the town in 1981. www.facebook.com/laingsburg.tourism

Jagerskraal Guest Farm

This experience is near Laingsburg opposite Matjiesfontein. The Karoo being the largest ecosystem in South Africa, there is no better way to explore than on a quad bike. The farm offers three unique scenic routes, ranging from moderate to challenging terrain. Basic instruction is provided for beginners ahead of the ride. Some of the wildlife to that can be seen on these routes include Grey Rhebuck, Duiker, Steenbok, Springbok, Blesbok, Kudu, Gemsbok, Zebra & Sheep roam the farms pristine expansive arid plains & hills. www.jagerskraalfarm.com

Stayover at Grand Hotel Laingsburg

Set in Laingsburg, Grand Hotel Laingsburg has a restaurant, bar, shared lounge, and free Wi-Fi. Boasting family rooms, this property also provides guests with a terrace. www.laingsburggrandhotel.co.za

Distance from Laingsburg to Prince Albert: 130km

Day 4 | Prince Albert

Tour of Prince Albert

The charming town of Prince Albert in the Cape Karoo is a 40km drive off the N1. Along this road you will discover vast landscapes and empty roads making for perfect photographic moments true Karoo style. Visit the Showroom Theatre that hosts a number of unique productions, jump on board the Red bus for a historic tour around the town. Enjoy a ghost tour that happens every Friday as you discover the spooky stories as your journey through the graveyard and the quiet streets at night. Easily accessible from the town of Prince Albert you find Meiringspoort a scenic drive to Oudtshoorn and then back again via the Swartberg Pass makes for a perfect day trip. This historic town has a charming coffee shops, art shops and accommodation that make for the perfect getaway. www.princealbert.org.za

Olive Experience at O for Olive

Enjoy some Olive tasting at O for Olive just outside of Prince Albert. A short gravel drive allows you to taste picked olives and a number of Olive jams, chutney and products to purchase. Go on a guided tour through the olive factory and discover how the olives are stored and sorted before packaging. www.oforolive.co.za

Stayover at Karoo View Cottages

Are you dreaming of wide open vistas, spectacular views, peace and tranquillity, sun rises, sun sets and clear starry nights, birding, nature, cycling or hiking? If so Howard and Marion would like to invite you to share and experience their dream which they live every day in the quaint Karoo village of Prince Albert in the Great Karoo . . <https://karooview.co.za>

Distance from Prince Albert to Beaufort West: 131,2km

Day 5 | Beaufort West

Olive Grove Farm

Olive Grove Guest Farm lies nestled in the heart of the vast & beautiful Great Karoo landscape. Here guests can delight in country comfort and escape to an authentic, Karoo olive and game farm experience. There is a wide array of eco activities to enjoy, ranging from bird watching, hiking, farm tours, a mountain bike trail or just enjoy our large dam in one of our canoe’s. www.olivegrove.co.za

Karoo National Park

It may have once been considered a one-night stopover, but the Karoo National Park has since become a place offering a number of activities, including a mountain bike trail, guided and self-guided walks and a selection of 4x4 trails. There is, of course, also breath-taking landscapes – this is the Karoo after all – and an array of plant and animal life to admire. www.sanparks.org/parks/karoo

Stayover at Lemoenfontein Country House

Set in the vast expanse of the South African Great Karoo, this beautiful homestead/lodge dates back to 1850. Built slowly and soundly to the exacting standards and architectural style of the time, the building remains unchanged with characteristic high ceilings, original wooden floors and wide verandahs which offer guests a sweeping panoramic view of the Karoo landscape. www.lemoenfontein.co.za

Aquila Game Drive Reserve





Discover Garden Route & Klein Karoo

Day 1 | Stilbaai – Albertinia

Cheese-tasting at Kasselshoop Cheese Factory

Kasselshoop’s traditional cheese is produced on the Kasselman family farm, Klein Soebattersvlakte. The farm is situated on route to Stilbaai, the well known holiday resort in the Southern Cape.
www.kasselshoop.co.za

Eat at Die Pienk Stoep

Die Pienk Stoep is a coffee shop you can’t miss when in the small town of Albertinia. The entire décor is pink, and food is presented in a unique way, making this not just a coffee shop but an experience.

Guided Night Drive at Garden Route Game Lodge

Our game reserve is home to a variety of nocturnal mammals and birdlife rarely seen at all during daylight. As one of our residents, take the opportunity to enjoy a guided night drive offer sightings of bat eared fox, Cape fox, black backed jackal, caracal (African lynx), honey badger, porcupine and various other elusive mammals on this thrilling experience under a canopy of stars.
<https://grgamelodge.co.za>

Stayover at Garden Route Game Lodge

Visitors to the Garden Route Game Lodge can enjoy game viewing in open Land Rovers, luxury accommodation and a memorable dining experience in one of our African style restaurants.
<https://grgamelodge.co.za>

Distance from Albertinia to Mossel Bay: 50km

Day 2 | Mossel Bay

Guided Fynbos Conservation Experience at Gondwana Game Reserve

With the richest floral kingdom in the world and the recent discovery of the largest known population of a rare orchid thought to be extinct, Gondwana Game Reserve is a bucket list destination not just for a Big 5 safari, but also for anyone with an interest in botany and biodiversity. The new hands-on experience will give guests a chance to learn about the conservation of the rare and endangered Fynbos biome, affording them the opportunity to get a more up-close understanding of the stunning indigenous flora and

fauna on foot. The activity takes 2-3 hours and is offered daily in the downtime between morning and evening game drives.
www.gondwanagr.co.za/fynbos-experience

Eat at Signor Vino Restaurant & Deli | Mossel Bay

Signor Vino came into bloom in the spring of 2020. A restaurant inspired by the Italian way which is in itself beautifully human. Glancing over the eternal waters of Mossel Bay and the Outeniqua mountains it provides an experience like no other.
www.signorvino.co.za

Mossel Bay Quad Biking | Hartenbos

Experience an unforgettable quad biking adventure with a guided tour around a 5km track. For your convenience, all our quads have an electric start and equipped with automatic gearboxes. Hold on tight as you ride across sandy tracks, sending you bumping and shaking, from the absolute beginner to the experienced rider. No matter who you are, where you’re coming from or where you’re going, quad biking is an absolute must.
www.mosselbayquadbiking.co.za

Stayover at Air Del Mar Guest House

Air Del Mar with its warm hospitality is centrally situated close to Mossel Bay in the heart of the Garden Route in South Africa. Come and experience why people say this is paradise in every sense of the word. Everyone who stays at Air del Mar falls in love with it’s spectacular, unspoiled natural beauty and harmonious, safe and tranquil lifestyle.
<https://airdelmar.co.za>

Distance from Mossel Bay to George: 45,8km

Day 3 | George – Wilderness

Hot Air Balloon Flight

A flight in the hot air balloon is like nothing else you’ve ever experienced. No other form of flying comes anywhere close to its calm, serene nature. Experience the quiet stillness of the morning sunrise whilst soaring among bird and cloud alike. This truly is what dreams are made of.
www.novaballoons.co.za

Eat at Serendipity Restaurant

Serendipity restaurant is situated on the bank of the Touw River Lagoon adjacent to the Wilderness National Park. You are invited to enjoy an unforgettable, uniquely South African gourmet experience. Superb cuisine, friendly and professional service in a setting that is graceful but relaxed is the credo for Serendipity’s South African inspired gourmet fare.
www.serendipitywilderness.com

Wilderness River Safaris

Enjoy the natural beauty of Wilderness by cruising on the Touw River or Island Lake in a safari style aluminium boat. Encounter magnificent bird life and breath-taking scenery. A leisurely experience for all ages.
<https://wilderiversafaris.co.za>

Stayover at Pearl Moon

Pearl Moon offers the dream getaway...surrounded by jaw-dropping natural beauty, it is a quiet sanctuary of modern-day luxury and ease, combined with good old-fashioned country hospitality and warmth. Set in a lush green garden, Pearl Moon consists of four premium self-catering suites, each with a private balcony and panoramic view of the river for lazy drinks and bird watching. Enjoy long walks on the beach; fishing; surfing; paddle-boarding; mountain biking; hiking; or simply relishing ‘just being’ amongst nature’s abundant beauty, Pearl Moon guarantees a getaway beyond compare.
www.pearlmoon.co.za

Distance from Wilderness to Oudtshoorn: 72,5 km

Day 4 | Oudtshoorn

Bush Safari at Buffelsdrift Game Lodge

During the bush safaris (game drives), you can expect to experience true Karoo vegetation from the Buffelsdrift’s open game viewing vehicles. Their wide range of animals include Hippo, Giraffe, Eland, Zebra, Buffalo, Springbok and much more.
<https://buffelsdrift.com>

Eat at Cango Ostrich Farm

Cango Ostrich Farm offers a la carte in the air-conditioned “Cafe Struisvogel” as well as set menus in the various dining halls, named “Rietkraal”, “Timjan” and “Sam”. Besides delicious meals, these venues offer spectacular views of the lush Schoemanshoek valley.
www.cangoostrich.co.za/restaurant

Cango Caves Estate & Zipline

Cango Caves Zipline are situated 1 km from the world-renowned Cango Caves. This is a fun activity for young and old to enjoy. Guests need no experience and will be fitted with full body harnesses, safety helmet and briefed on all safety aspects. This is an opportunity to enjoy the ride, take in the views and thrill of ‘flying’ across the picturesque fields below.
www.cangocavesestate.co.za

Stayover at Surval Boutique Olive Estate

Surval Boutique Olive Estate offers luxurious accommodation in their 18th century Klein Karoo homestead, Surval Village. Encompassing 31 luxurious and individually decorated suites and bedrooms. Each room is individually styled, and offers an indigenous South African feel.



Discover the Cradle of Human Culture

A journey through the Cradle of Human Culture traces the origins and development of human culture over the past 160 000 years and, in the process, it also uncovers what it means to be human. From engraved ostrich eggshells and bone tools to shell beads and the first evidence of drawing, visitors will discover some of humanity's earliest use of symbols, art and technological innovation. While the Cradle of Humankind in Gauteng holds some of the earliest evidence of the human journey, starting from about 3.5 million years ago, the Cradle of Human Culture holds evidence of how our ancestors started to manifest abstract thought, to use fire to improve their tool-making skills and to systematically exploit marine resources for their nutrition.

The Cradle of Human Culture includes several archaeological and palaeontological sites in the Western Cape. The three major ones are Diepkloof Rock Shelter in the Cape West Coast (Weskus), Blombos Cave and Pinnacle Point on the Southern Cape Coast. However, a trip to the Cradle of Human Culture includes more than these three sites and the development and expression of human culture can be traced across all sites.

Choose a journey, and start your road trip.

For more information on Cradle of Human Culture visit www.cradleofhumanculture.co.za

The ARTIST'S JOURNEY

Day 1 | Cape Town

Cape Town is a fusion of diversity. It is a city overflowing with attractions for visitors interested in history, art, culture and a beautiful environment. Table Mountain is one of the most iconic attractions in Cape Town. For modern African art at its finest, visit Zeitz MOCAA and the Norval Foundation.

Stayover at Radisson Red Hotel

Experience love at first sight in this city hotel that sits on the beautiful waterfront of Cape Town. There's something to fill all the senses, with fantastic art adorning all rooms and suites, while Cape Town's craft food and drink scene are celebrated in the OUIbar + KTCHN.

www.radissonred.com/cape-town

Distance from Cape Town to Yzerfontein: 86,5km

Day 2 | Yzerfontein - Vredenburg

!Khwa ttu San Heritage Centre

Yzerfontein

!Khwa ttu is a San Heritage Centre which is located near Yzerfontein. At !Khwa ttu San culture ancient and recent history are presented through a series of exhibitions, videos and presentations. !Khwa ttu provides a platform for contemporary San to share and explore their history and culture with both the San community members and local and international visitors.

The exhibitions and guided experiences engage body and senses as much as the mind and demonstrate traditional lifestyles, culture and heritage, and ancient survival skills of the San. Visitors can also take a drive in an open vehicle past zebra, springbok and other wildlife, through unspoilt fynbos, to a replica San village.

www.khwattu.org

West Coast Fossil Park Vredenburg

The West Coast Fossil Park has an exceptional interpretation centre displaying well-preserved fossil remains of the animals that inhabited the area about 5-million years ago. The deeply buried fossil bones of now extinct animals such as saber-toothed cats, short-necked giraffes (sivatheres), hunting hyenas and African bears were uncovered in the 1950s during phosphate mining and they are now visible at the dig site in a display unique to South Africa.

This is an unforgettable visit, which will leave no visitor dissatisfied. A newly-built state-of-the-art interpretation centre, housed in an impressive eco-friendly building, will take visitors on a journey illustrating how the landscape in the area changed over the last 5-million years, what life was like when the sivatheres were alive and which other now-extinct animals roamed the land.

www.fossilpark.org.za

Stayover at Hoedjiesbaai Hotel

The Hoedjiesbaai Hotel, partially built into the water, offers a magnificent view of the tranquil bay of Saldanha and surrounding environs. The hotel was built in 1970 and decorated in a retro style with modern fixtures. Wake up in the heart of the West Coast, to a spectacular sunrise over the water. Spend the day on the beach or take short drives and explore the surrounding towns.

www.eigewis.com/hoedjiesbaai-hotel.php

Distance from Saldanha to Elands Bay: 91km

Day 3 | Elands Bay - Redelingshuys

Elands Bay Cave

Elands Bay

Breath-taking San and Khoe rock art has been found in the Elands Bay Cave in the hills above the Elands Bay harbour, about 5km from the centre of the village. This site was first occupied during the Middle Stone Age, dating back more than 80 000 years, and intermittently during the Later Stone Age until possibly 500 years ago. Rock paintings include large images of eland, regarded by the San as spiritual creatures, as well as smaller antelope and other animals. Most striking are the many small handprints on the cave walls, some of which are believed to be those of children and young teenagers.

The site is open to the public free of charge, but visitors are requested to stay on the demarcated path and not touch the rock art since this may cause irreversible damage to the paintings.

Diepkloof Rock Shelter - not open to the public

Between Elands Bay and Redelingshuys

Diepkloof Rock Shelter takes its name from the nearby Diepkloof stream. It is situated between Elands Bay and Redelingshuys and overlooks the Verlorenvlei wetland. Excavated for over 40 years, this site contains one of the most complete and continuous Middle Stone Age archaeological sequences in Southern Africa. This extremely well-preserved record has allowed scientists to reconstruct in detail the lives of our ancestors, the environment in which they thrived, and their adaptation over the course of the millennia to an evolving environment. In addition to the Middle and Later Stone Age deposits, the site also contains rock art dating back to San hunter-gatherers, Khoe pastoralists and the colonial period. The sequence of these rock paintings, at times overlapping, shows the long period during which the cave was occupied and used.

Diepkloof Rock Shelter was declared a Provincial Heritage Site in 2015 and it is currently on the tentative serial nomination list of UNESCO World Heritage sites. It is expected to be declared a World Heritage Site within the next few years.

Stayover at Ventersklip

On the wild West Coast of South Africa, just 220km north of Cape Town and 5km from the renowned surf spot, Elands Bay, lies a historic World Heritage site of outstanding natural beauty. A perfect spot for bird watching, horse riding, hiking, fishing, surfing, rock art, wild flowers - or just enjoying a wonderful piece of wilderness. Time stands still. Chill out in the outback of the West Coast.

www.vensterklip.co.za

Distance from Elands Bay to Clanwilliam: 70,2 km

Day 4 | Cederberg

Riel dancing and living culture

Experience an authentic riel dance, a cultural expression of courtship rituals and joyous dance moves practiced by descendants of San and Khoe people. In recent years this dance form has enjoyed a revival among young and old. Die Nuwe Graskoue Trappers - a riel dance group from the small Cederberg settlement of Wupperthal - has enjoyed immense success on the international cultural stage. They won several gold medals at the World Championships of Performing Arts in Los Angeles in 2015.

www.capewestcoast.org

Sevilla Rock Art Trail Clanwilliam

The Sevilla Rock Art trail is on Traveller's Rest Farm, 34km from Clanwilliam, on the R364 regional route over the spectacular Pakhuis Pass. The 5km-round trail along the Brandewyn River includes nine fascinating rock art sites, which are some of the finest examples of San rock art in the region. This spiritual cultural journey is enhanced by the natural surroundings, the rich birdlife, as well as the indigenous wildlife along the trail, such as springbok, eland, dassies (rock hyrax) and other small animals. Visitors are required to buy a permit to enter the site at the Traveller's Rest farm stall.

www.travellersrest.co.za

Truitjieskraal and Stadsaal Cave Matjiesrivier Reserve

The Cederberg is dotted with rock art, but Truitjieskraal, in the Cape Nature Matjiesrivier Reserve, is arguably one of the most impressive sites. Information boards along the Truitjieskraal interpretive trail provide insights into both the San and Khoe cultures, while at the same time educating visitors on the unique ecosystem surrounding the rock art with its various species of animals and plants. Similarly impressive, located just 20 minutes away from the Matjiesrivier Reserve, is the Elephant Paintings rock art site. These remarkably well-preserved paintings depict three lines of people and a herd of elephants. While it is difficult to exactly date rock paintings, archaeologists estimate that they are at least 1 000 years old.

To visit these two sites, visitors are required to obtain a permit from the Algeria campsite office or nearby Dwarsrivier farm, home to Cederberg Cellars.

www.capenature.co.za/reserves/matjiesrivier-nature-reserve

Stayover at Sanddrif Holiday Resort

Sanddrif Holiday Resort is situated on the farm Dwarsrivier, home of Cederberg Private Cellar, approximately 250 km north of Cape Town. The farm lies in the heart of the Cederberg Wilderness Area, which is well known for its spectacular rock formations, expansive vistas, rock art and fynbos.

www.sanddrif.com

The COASTAL JOURNEY

Day 1 | Cape Town

Visitors can enjoy the work of local artists at the Maboneng Township Arts Experience, view collections ranging from fossils to rock art at the Iziko South African Museum, where you can explore the exhibition "Mother Africa Welcome Home". This is a compilation of multimedia, artefacts and objects offering a deep insight into the lives of our early ancestors.

Stayover at MOJO Hotel

The Mojo Hotel is a unique, hybrid accommodation situated right in the Heart and Soul of Sea Point! A charismatic gem located between the scenic Sea Point Pavilion and eclectic Regent Road in Cape Town. With its convenient location, affordable prices, sea and mountain views and effortless mix of comfort and function, the Mojo Hotel offers a unique and magical taste of the Mother City.

www.pineapplehouse.co.za

Distance from Cape Town to Stellenbosch: 53,2km



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Day 2 | Stellenbosch

Dylan Lewis Sculpture Garden Stellenbosch

The seven-hectare Dylan Lewis Sculpture Garden in Paradyskloof, Stellenbosch, is set among lush indigenous vegetation. The project was born in 2009 when its creator, the artist Dylan Lewis, started shaping the contours of the garden. A theme integral to his work includes “the untamed wilderness within the human psyche”, which he expresses through his sculptures and their positioning on the landscape. He has placed more than 60 sculptures in this beautiful setting - ranging from human and shamanic figures to large abstract works and his iconic big cats.

Visit this serene place by appointment to admire the art, be one with nature and experience a sense of spirituality and transcendence conveyed by this minimalist space. To arrange a visit, email reservations@dylanart.co.za or call +27 (0)21 880 0054. www.dylanlewis.com

Dine with a local Stellenbosch

The ‘Kayamandi Township Tour’ and ‘Dine With a Local’ experience offer visitors to Stellenbosch the chance to dine with locals from different backgrounds and learn about their daily lives, listen to their stories, and hear of their hopes and aspirations. Dip into traditional African or Cape Malay cuisine. www.visitstellenbosch.org

Stayover at Oude Werf Hotel

Modern meets vintage at the oldest running hotel in South Africa. With a history spanning three centuries - it's intimate luxury combined with chic antique style. Located in the heart of Stellenbosch in Church Street, step out to explore the wonders of the town or venture out to the nearby famous wine farms of the region. www.oudewerf.co.za

Distance from Stellenbosch to Stanford: 119,6km

Day 3 | Stanford - De Kelders - Arniston

Phillipskop Mountain Reserve Stanford

The Phillipskop Mountain Reserve lies 10km east of Stanford. This is one of the few sites with rock art in the Cape Overberg region and the only known site in the Cape Whale Coast. It contains rare yellow handprints attributed to Khoekhoen herders. There are also paintings of a group of men and an antelope representing the San hunter-gatherer tradition. Phillipskop's rock art site is reachable through the Phillipskop Nature Reserve with a 2km walk from the reserve's reception and carpark. The Waterfall Hiking Trail takes the visitors to the foot of the slope up to the cave. There is a short but steep path to the cave near the waterfall; appropriate shoes and steady feet are advised. Access to the reserve is via a 3km dirt road, which is best accessible by vehicles with a higher ground clearance. www.phillipskop.co.za/news/rock-art-cape-whale-coast

Klipgat Cave De Kelders

Klipgat Cave is located close to the seaside village of De Kelders and it is accessed via the Walker Bay Nature Reserve, managed by Cape Nature. Here visitors will be welcomed by dramatic ocean views. Klipgat Cave was occupied during the Middle and Later Stone Age from about 80 000 years ago to about 50 000 years ago and then again from 2 000 to 1 200 years ago. Amongst some of the main findings in the cave, archaeologists uncovered some of the earliest human remains of Homo sapiens.

The bones of early fat-tailed sheep and pottery discovered here show that Khoekhoen pastoralists lived in the area from about 2 000 years ago, one of the oldest dates in the Western Cape. Detailed information boards at the site will lead the visitors through the daily lives of our ancestors from the Middle Stone Age through the Later Stone Age.

www.capenature.co.za/reserves/walker-bay-nature-reserve

Waenhuiskrans Cave Arniston

Continue your exploration at the picturesque seaside town of Waenhuiskrans, also known as Arniston, about 25km from Bredasdorp. Here, discover - though only at low tide! - the massive limestone Waenhuiskrans Cave, falling within the Waenhuiskrans Nature Reserve. The effort to get there, walking along the beach and scampering up some rocks, is worth it for the incredible views, even though there have been no archaeological finds in the cave.

Stayover at Arniston Spa Hotel

The luxurious 4 Star Arniston Spa Hotel welcomes you with friendly service. The exquisite setting offers panoramic views of the ocean and the pristine coastline. The unspoiled, child-friendly beaches are safe and perfect for swimming and surfing. www.arnistonhotel.com

Distance from Arniston to Still Bay: 217,9km

Day 4 | Still Bay

Tidal fish traps

Still Bay

At Still Bay at least 25 stonewalled fish traps represent the technological and economic evolution of early fishing practices in the area. These traps were built at the correct height to trap fish during a falling tide. They illustrate a traditional fishing method along the Southern Cape coast that endured through the ages. They have been declared a National Heritage Site in 2018 and are located within a Marine Protected Area, managed by Cape Nature. Local fishermen and farmers have been responsible for the maintenance of these fish traps since at least the early 20th century. More recently the greater community has contributed to ensuring that the local/indigenous knowledge regarding these fish traps is not lost and that they are adequately maintained. These traps will provide visitors with a unique experience from a historical, aesthetic and scientific perspective and will shed light on a traditional fishing method still in use today. www.explorersgardenroute.co.za

Blombos Cave - not open to the public

Still Bay

Blombos Cave is a world-famous archaeological site, overlooking the sea and located in a private nature reserve not open to the public. Archaeologists have uncovered some of the first evidence of symbolism, cognitive thinking and technological advancement, traits used to define modern human behaviour. Specific findings include a piece of engraved ochre, which is the first known ochre engraving found in the archaeological record and dated to 75 000 years ago; “the oldest artist's toolkit”, which is evidence of a 100 000-year-old ochre-processing workshop; “the oldest drawing (or hashtag)” dated to 73 000 years ago and some of the first evidence of body decoration, in the form of perforated estuarine shell beads.

Blombos Cave was declared a Provincial Heritage Site in 2015 and it is currently on the tentative serial nomination list of UNESCO World Heritage sites. It is expected to be declared a World Heritage Site within the next few years. While the site is closed to the public, the small Blombos Museum of Archaeology in Still Bay offers visitors with the possibility of exploring some of the fascinating findings of this site. The exhibition is in the process of being modernized. www.explorersgardenroute.co.za

Stayover at Charlotte House

Mediterranean inspired, boutique style Guest House with coastal themes. Situated on the Explorers Garden Route at the Southern shores of Africa. Only 500m to the beach/harbour and 600m to the ancient Fish Traps. Wonderful walking trails and fabulous beach walks are on the doorstep. <https://charlottehouse.co.za>

Distance from Still Bay to Mossel Bay: 84,9km

Day 5 | Mossel Bay

Pinnacle Point

Mossel Bay

At the archaeological site of Pinnacle Point an international team of researchers has found some of the earliest evidence for modern human behaviour. Excavations in the various caves have showed that here, for possibly the first time in the archaeological record, early humans systematically exploited shellfish as part of their diet, heated silcrete (a type of rock) to make more efficient stone tools; made advanced “micro-lithic” stone tools for projectile weapons and consistently ground ochre pigment, either for symbolic or functional purposes. This site was declared a Provincial Heritage Site in 2012 and it is currently included in the tentative serial nomination list of UNESCO World Heritage sites. It is expected to be declared a World Heritage Site within the next few years.

Visitors can plan and book a Point of Human Origins Experience tour to gain profound insight not only into the discoveries at the site, and how Middle Stone Age people were living here between 170 000 and 40 000 years ago, but also to reflect on where we came from, consider where we are now - and where we are heading as the human race.

www.humanorigin.co.za

Cape St Blaize Cave Mossel Bay

The cave at Cape St Blaize, below the Mossel Bay's lighthouse, is the site of some of South Africa's first Middle Stone Age archaeological excavations. More recently, parts of the cave were explored by scientists as part of the Mossel Bay Archaeology Project, which was also conducting excavations at Pinnacle Point Site Complex. Information boards on site illustrate the history of the site and its importance in the history of archaeology.

The cave is open to the public and there is no access fee. It is a short walk from the Mossel Bay Waterfront and provides beautiful views of the ocean. It is also located at the beginning of the Cape St Blaize Trail, a 13.5km trail which joins Mossel Bay and Dana Bay and which also crosses the Pinnacle Point Estate. www.visitmosselbay.co.za

Stayover at Village Point Hotel

Point Village Hotel is located a few metres from the Indian Ocean, at the end of Mossel Bay's peninsula, and 1 km from Mossel Bay harbour and town centre. The spacious and colourful rooms offer partial bay views.

www.pointvillagehotel.co.za

Distance from Mossel Bay to George: 45,8km

Day 6 | George - Oudtshoorn

Dine with a local

George

Book a two-hour ‘Dine with a Local’ experience through the George Tourism office to share a home-cooked meal with locals and enjoy music, poetry or dancing together. Diners can experience traditional cuisine, and supporting this local development project.

www.visitgeorge.co.za

Cango Caves

Oudtshoorn

The Cango Caves is one of the world's great natural wonders, sculpted by nature through the ages to create limestone formations in a wide variety of colours. Visitors can explore the spectacular underground wonders, including the finest dripstone caverns, vast halls and towering formations.

A beautiful and highly informative exhibition on the first floor of the interpretation centre explains in “A journey through time” how the caves formed and the human species evolved over time. It also describes in detail the intermittent human occupation of the cave and adjacent area starting from about 80 000 years ago, providing a glimpse of how the environment changed over time. A rock art exhibition also illustrates the rock art found in the cave and in the overall area and its significance. Due to a recent increase in visitors, it is essential to book in advance.

www.cango-caves.co.za

Stayover at Swartberg Country Manor

Swartberg Country Manor is nestled on the farm “Voorbedacht” situated in the Cango Valley at the foot of the world-renowned Swartberg Mountain Pass. The picturesque Swartberg Mountains will bring comfort to anyone that wants to “get away from it all” and simply soak up the peace of its tranquil surroundings. <https://swartbergmanor.co.za>

Distance from Oudtshoorn to Plettenberg: 151,5km

Day 7 | Plettenberg Bay

Nelson Bay Cave

Plettenberg Bay

Make your way to the spectacular Robberg Nature Reserve to track some fascinating archaeological discoveries at Nelson Bay Cave. The site preserves archaeological materials from the Middle and Later Stone Age and thus dates from more than 40 000 years ago up to recent San occupation. Artefacts ranging from Middle Stone Age tools to 2 000-year-old pottery, graves containing human remains buried in a fetal position and decorated with shells and ochre, and many more cultural finds have been found in the cave.

Nelson Bay cave was first excavated in the 1960s, and the results showed that the diet of the early humans who lived here comprised of food ranging from birds, eggs and plants to shellfish, as well as seals and bush pigs. Archaeological remains dating back to about 5 000 years, resulted in large middens. Access to the site is from inside the nature reserve, about 8km from the coastal town of Plettenberg Bay. Set aside enough time to explore the cave and its beautiful surrounds.

www.capenature.co.za/reserves/robberg-nature-reserve

Stayover at the Fountain Shack

Overlooking the Indian ocean, with spectacular views of the Robberg Peninsula, the renovated wooden shack sleeps eight people in four double bunk beds in an open-plan room. Fountain Shack cannot be reached by vehicle. The route is a 4km hike from the parking area and back, and takes about two hours to walk

www.capenature.co.za/reserves/robberg-nature-reserve



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Cape Cycle Routes

A cycle through the Cape is a ride like no other. It's a chance to experience the Western Cape in a new and exciting way. It's a journey through the senses marked by the unforgettable scent of fynbos and the soothing sensation of an ocean breeze. Experience the heart of the Western Cape with awe-inspiring views from vast open semi-desert plateaus where it feels like you can touch the stars. The sounds of nature and wildlife surround you. The cosmopolitan flavour of Cape cuisine is a taste sensation. There are plenty of adventures on offer for cyclists and explorers alike with these cycling routes.

For more information on Cape Cycle Routes visit:

www.capecycleroutes.co.za

CAPE
CYCLE
ROUTES



CYCLE TOUR 364

Cycle Tour 364 takes you over 123.3km through all the trendiest Cape Town hotspots, over Chapman's Peak to the Cape Point Nature Reserve, and back again all in one day. Filled with awe-inspiring views, intense hill climbs and unforgettable adventures. This route can be done in 1 - 3 days.

V&A Waterfront to Hout Bay

As you leave the V&A Waterfront development it is prudent to keep the ocean to your immediate right and not at all a bad idea to use the bike path/ sidewalk for as long as possible. This will take you all along the Atlantic seaboard promenade past the Mouille Point Lighthouse and through Sea Point. The road is narrow as you pass through trendy Bantry Bay, Clifton and Camps Bay, with their popular beaches, restaurants and bars. You then find yourself following along the base of the Twelve Apostles until it rises up and over the Nek at Llandudno. The Valley of Hout Bay opens up in front of you as crest and the ride down and through the village to the beach offers numerous opportunities to be distracted.

Hout Bay to Brakkekloof

With the beach stretching out to your right you begin the climb up spectacular Chapman's Peak Drive. It hugs the mountain and seems to be tacked onto the cliff face as you round the top and descend the other side. Just as you think it cannot get any better, the views of Noordhoek Beach stretching into the distance are guaranteed to take your breath away. From here the road is flat all the way to the Sun Valley/ Brakkekloof intersection which marks the end of this section.

Brakkekloof to Cape Point Gate

From the Sun Valley/Brakkekloof intersection you climb up Black Hill for the first glimpse of False Bay at Glencarin. Then it's on to Simon's Town, which has a long naval history, made apparent by the dated gun placements. As you approach this quaint Victorian-looking town, complete with pubs, fish and chip shops and tea rooms, the road winds past Boulders Beach and its famous penguin colony. The trees on the golf course give a good indication as to the prevalent wind direction. The final Smitswinkel climb, Cape Point can be seen stretching out ahead of you. At the top of this incline is the entrance to the Cape Point Nature Reserve.

Cape Point Gate to Brakkekloof

Baboons are often seen foraging along the road on this section. The wind either blows from behind or into your face. The road swoops down past Scarborough, where you once again reach the coast. It is truly sublime riding through Misty Cliffs. There are some choice surfing spots all along here. The final hill climbs up the back of Kommetjie, and its landmark Slanghoek lighthouse. Then it's down through the village, before the long straight past Ocean View and Masiphumelele, and back to the Sun Valley/Brakkekloof intersection.

Brakkekloof to Hout Bay

From Brakkekloof/Sun Valley intersection it is a flat cruise to Noordhoek Village, nestled against the side of the mountain. Here you could easily swap your bike for a horse and gallop across the beach. Or just enjoy coffee and eat delicious pastries at the Noordhoek Farm Village, which boasts a number of restaurants and shops. Chapman's Peak Drive starts with a preliminary hill opening, up vistas, down Long Beach, and back to Kommetjie. Before turning the corner and starting the more substantial climb of the course, with dramatic drop-offs to the ocean below. Look out for surfers and the sharkspotter who keeps vigil. This is a most worthy and memorable climb and the descent to Hout Bay is truly exhilarating.

Hout Bay to Waterfront

The infamous Suikerbossie climb out of Hout Bay is quite busy, but has a good wide shoulder. The exclusive beach suburb of Llandudno offers up a panoramic ocean view. It is complemented by the sight of Lion's Head and the back of Table Mountain as you continue on towards Camps Bay. The vibrancy of city life is evident as you pass the beaches and eateries and private balconies of this Riviera-like part of Cape Town. As you reach Sea Point it is a good idea to slow down and meander along the bike signposted V&A Waterfront, where your journey ends.

CAPE
CYCLE
ROUTES



CROSS CAPE

The Cross Cape Cycle Route is the perfect way to see the Western Cape. Stretching from Plettenberg Bay on the Garden Route to Stellenbosch in the Cape Winelands, you will be challenged by long, steep climbs and rewarded with fast descents into lush, green valleys. This route can be done in 5 - 20 days.

Day 1 | Plettenberg Bay to Knysna

Begin your trip in the coastal town of Plettenberg Bay and enjoy dinner at Enrico's Italian restaurant, to get in some much-needed carbs the night before. You will need them! Your first day of riding will be a good sign of what to expect for the duration of your stay. Steep climbs - a mix of tar and dirt - to start you off, before your legs are given a rest on some fast downhill sections. Keep an eye out for the notoriously shy elephants that roam the indigenous forest, before taking on one last big climb and then an epic downhill stretch into Knysna.

Once in Knysna, make sure you put your feet up for a bit before heading out to dinner at the Cruise Café located at the Knysna Waterfront.

Day 2 | Knysna to George

Start your ride with Knysna Lagoon at your shoulder, before turning off onto some gentle jeep track ahead of some seriously big climbs. This section of the route offers a great mix of indigenous forest, dairy farms, and country roads, before finishing up in the town of George.

Make sure you book a room at Fancourt Golf Estate. Book some time in the spa, enjoy some drinks at the Club House, before finally heading down to La Cantina for dinner and an early night. Fuel up in the morning with a fabulous buffet breakfast at La Cantina before heading back to your bike and the trails!

Day 3 | George to Oudtshoorn

You are about to leave the lush, green forests behind you as you enter the drier, but no-less beautiful Klein Karoo. Steel yourself for the climb up the majestic Montagu Pass, which will certainly drain the legs, but also reward you with magnificent views and lush ferny vegetation. Of course, what comes up, must come down, and the second half of this section is far more forgiving than the first.

Once in Oudtshoorn book yourself in at the Buffelsdrift Game Lodge and make sure you try out the luxury tented accommodation, which is perfect for a rugged traveller like yourself. And if you're up for it - we know you will be - enjoy an evening game drive, where you are guaranteed to see some of the fabled Big Five animals. Finally, enjoy a sumptuous meal at the Bello Cibo restaurant before retiring for the night.

Day 4 | Oudtshoorn to Calitzdorp

This is amongst the more demanding treks along the route as you skirt the foothills of the Swartberg mountain range. Enjoy the flora and wildlife; you may spot a meerkat or giraffe along the way. The red stone hills provide a vibrant splash of colour to the left, before you disappear into the cool shadows of the Groenfontein valley. The next town is Calitzdorp, the Port wine capital of South Africa.

Day 5 | Calitzdorp to Vanwyksdorp

After leaving the oasis town of Calitzdorp, you head out along a flat stretch festooned with ostrich farms towards the mountains in the distance. Rooiberg Pass awaits. This 11km climb is loose and rough with a dusty film during the descent. Enjoy the ride, and the magnificent view of the endless rolling hills below as you head down to the town of Vanwyksdorp.

Day 6 | Vanwyksdorp to Riversdale

This part of the route starts off with a long and dusty stretch. Respite comes after you traverse Garcia Pass, named after one of the 1820 settlers of the area, who established a trade route to the interior by forging a route through the mountains. After the summit, you head downhill to re-enter the cool climate terrain south of the Langeberg Mountain range, and the town of Riversdale.

Day 7 | Riversdale to Swellendam

There are some testing 'rollers' skirting the mountains as you head out of Riversdale. As you near Heidelberg, the valley of Duiwenhoks provides a nice flat river course followed abruptly by the monstrous "Heartbreak Hill," taking you out of the valley and up to the Grootvadersbosch area. From here it's an easy ride down and through the old mission station village of Suurbraak, and a last stretch going into the historic town of Swellendam.

Day 8 | Swellendam to Riviersonderend

Your journey through the Cape Overberg starts along the Breede River and its rolling hills through this grain growing region until you reach the Drew Bridge. Grab a bite to eat at Riviersonderend, which is renowned for being the gourmet pie capital of the Western Cape.

Day 9 | Riviersonderend to Greyton

This is arguably one of the most forgiving sections of the route, with few hills to climb. After leaving Riviersonderend, you'll cross a picturesque bridge over the Sonderend River as you make your way toward the quaint, oak-lined village of Greyton. Here you'll find superb cuisine and craft beer, with some lovely accommodation to boot.

Day 10 | Greyton to Franschhoek

On this section the riding is smooth and mostly tarred with the iconic Franschhoek Pass to manoeuvre. Traffic along this section is generally slow, but do keep safely to the side of the road. Check the weather forecasts as the winds at Theewaterskloof Dam can make riding a challenge. As you pass Franschhoek take advantage of the coffee shops and pastry bistros to fuel up for the final assault.

Day 11 | Franschhoek to Stellenbosch

Riding through the heart of the Cape Winelands signals the final stretch of the route. This section is all tar, but very worth it, as you wind your way past some of the country's most superb and well known wine farms. Push over the Helshoogte Pass - the final pass of the ride - and coast down to Stellenbosch for a photo finish, and a well-deserved beverage, at your final destination.



**CAPE
CYCLES
ROUTE**



CEDERBERG CIRUIT

Cederberg Circuit takes you over 247km through winding historical mountain passes, past crystal clear rivers and unique nature reserves. This route can be done in 3 - 6 days.

Day 1 | Citrusdal to Algeria

Leaving Citrusdal, the Ou Kaapse Pad takes you out on the eastern bank of the Olifant's River. It's easy and flat for a time, winding between the green orchards of the citrus farms that dominate the economy in this area. Just 20km out, you pass by the oldest orange tree in the southern hemisphere. You might consider a swim at the low-level bridge off to the left at 27km, as the temperatures around here can soar upwards of 50°C. At the Clanwilliam dam you turn right up the Rondegat River Valley and start climbing all the way to Algeria. This brings you to the Cape Nature campsite, where you can buy hiking permits and check into comfortable accommodation. Look out for a change in the road surface as it unexpectedly turns to brick paving for the last few kilometres, to the base of Uitkyk Pass.

Day 2 | Uitkyk Pass to Mount Ceder

From the end of the paved road, the Uitkyk Pass rises sharply and winds spectacularly up the side of the mountain. As you hit the top you can get your last cell phone signal. While you make that final call, you can gaze over the majestic mountain peaks to the north or down the Driehoek valley to the south. The next section presents a fairly rough road surface all the way to Cederberg Cellars for 96km. There is a small shop and it's well worth a visit. 3km farther there is a right turn, and the road rises sharply before dropping down a steep descent to Kromvliet resort where you can swim in the stream and order an ice-cold beverage. As you pass through the gates be sure

not to end up in the same pen as the Anatolian sheep dog, as he is a little protective. There are some cave paintings off to the right at Truitjieskraal. But you will need a permit, which is obtainable at the farm. From here there is still a 5km climb before heading down to Mount Ceder Resort.

Day 3 | Mount Ceder to Op Die Berg

From Mount Ceder, on the banks of the Grootrivier, there is a 5km descent, which you zoomed down yesterday. Today, however, you will be climbing 5km to get out of the Blinkberg Pass, between the Skurweberge and the Swartuggens mountains. As the land flattens somewhat there are beautiful rock formations seemingly scattered about with innumerable 'gargoyles' keeping watch. The road now turns to tar and the pace picks up all the way to the T-Junction, where the Op Die Berg village is to the left and the route continues to the right.

Day 4 | Op Die Berg to Citrusdal

The first 40km is on tar and is relatively flat, but this is the Koue Bokkeveld and is not for the fainthearted. It can be hellishly hot or freezing cold, and if there is a headwind it can be really tough. As the mountains close in from both sides, the road turns to gravel and winds howl through a narrow valley before you climb the Middelberg Pass. The views across to Middelberg Peak, Meulenskop and the Elandkloof valley are brilliant. Easily as good as the descent, which is often rough and skittish. One should take care on the tar road, which is a screamer all the way into Citrusdal and the finish

CAPE
CYCLES
ROUTE



OVERBERG MEANDER

The Overberg Meander takes you over a distance of 364km through historic towns, passing through the Southern-most point of Africa and with stretches of unspoilt beauty. This route can be done in 3 - 6 days.

Day 1 | Swellendam to L'Agulhas

Swellendam is one of the oldest towns in South Africa, set against the backdrop of the gorgeous Langeberg Mountains. Visit Wldebraam Berry Estate for some liquor tasting before making your way along undulating gravel roads, wheat fields, and sun-kissed canola fields in bloom from the start of July, up until mid-October. En-route to L'Agulhas - the southern-most point in Africa - make a detour into Bredasdorp for a quick dip in the Breede River, before refilling your water bottles and replenishing your supplies. Take caution on the tarred road between Bredasdorp and Struisbaai and stay in single-file. Once through Struisbaai, stop for a mandatory selfie at the Southern-most point of Africa, which is also where the Indian and Atlantic Ocean meet. Refuel with the local food and get some well-deserved rest

Day 2 | L'Agulhas to Napier

This section of the Overberg Meander is made up predominantly of gravel roads, periodically broken up by a few, short sections of tarred roads. The lovely little town of Elim - which was first established as a Moravian Mission Station in 1824 - is a logical halfway stop for replenishing your supplies. Make sure you stop off at one of the wine estates along the Elim Wine Route. The route is made up of six wineries - Zoetendal Winery, Quoin Rock, The Berrio, Black Oystercatcher Strandveld Vineyards, home of First Sighting wines and Lomond. Turning onto Elim road, you will encounter the first "climbs" of the day, surrounded by stretches of unspoilt fynbos (natural shrub land), before rolling past wheat and barley fields into the town of Napier - your home for the evening.

Day 3 | Napier to Tesselaarsdal

Depart Napier in a westerly direction, making sure to keep an eye out for the turnout to Sandy's Glen, which is roughly 11km out of town on the R316. A sharp left off the tarred road leads to an immediate climb into the fynbos strewn mountains of the Cape Overberg. This 80km ride is made up of detours and possible options for you to cycle.

Although not officially part of the Overberg Meander, Stanford is too good of an opportunity to pass up, with coffee, artisanal gin and food stops in abundance. Re-fuel your tired body before climbing the short and punchy Akkedis Pass, a 7km tarred climb on the R326. Turn off the tarred road once again in a westerly direction before embarking on more climbing, which will take you up and over the road into the Hemel-en-Aarde Valley and your base for the night.

Day 4 | Tesselaarsdal to Elgin Valley

This is arguably the toughest section of the route, but also the most scenic, taking you past award winning vineyards of the Hemel-en-Aarde valley. You will have the option to detour into the bustling coastal town of Hermanus, or the second optional detour via the protected Kogelberg Biosphere Reserve, which forms part of the Cape Floral Kingdom a UNESCO World Heritage Site and ending up in the picturesque valley of Elgin. Ensure that you are well rested before you take on the rough and corrugated Highlands road climb, which will reward you with panoramic vistas extending over the Cape Whale Coast, as well as the Groenlandberg mountains.

Stop off at the iconic Peregrine Farm Stall and reward yourself with a freshly baked pie and artisanal coffee or fresh pressed apple juice, before crossing the N2 highway on your way to the Elgin Railway Market that takes places every Saturday and also where you will end your Overberg Meander journey.

CAPE
CYCLES
ROUTE



KAROO CROSSING

The Karoo Crossing takes you on a 358km adventure as you journey through towns each with its unique charm, winding historic mountain passes and semi-desert plateaus. This route can be done in 4 - 6 days.

Day 1 | Knysna to De Vlugt

The ride begins with a cycle via the challenging Simola and Gouna climbs, before settling into a peaceful rhythm of ups-and-downs through the lush indigenous sub-tropical Knysna forest - just beware of elephants. No, really, keep your eyes peeled, you might just be lucky enough to see one. Leaving Kom se Pad, the road opens up and the tree canopy makes way for African skies... and more climbing as you scale the first portion of Prince Alfred's Pass - a Thomas Bain masterpiece - before a helter-skelter descent to De Vlugt

Day 2 | De Vlugt to Buffelsdrif Road

Get ready for a 13km climb to open up the lungs, as you are taken through the start of your Karoo experience. Roads, fields and the Kamanassie mountains loom over you as you get closer to Uniondale and your last taste of 'civilisation' for a while. Make your way into the surprising beauty of the Kamanassie road, with its mixture of fertile farmlands and brutal veld. Kamanassie is an ancient Khoi-San word meaning "mountain of water".

Day 3 | Buffelsdrif Road to De Rust

Be sure to leave early to avoid the inevitable heat that will hit as you leave the lush roads along the river for some big-sky country and the semi-desolation of the Central Karoo. Next, you will pass through the outskirts of Dysveldorp and into De Rust, via a picturesque farm road along the Olifants River.

Day 4 | De Rust to Prince Albert

Meiringspoort is a bucket-list cycling road. It is tarred, and fairly busy, so keep left and single file, as it curves its way through 25 crossings of the Groot River. Stop halfway and take a short hike to the 60m-high waterfall, complete with swimmable rock pools ideal to cool off in summer. While the idea of mermaids in the Karoo may sound completely bizarre, it is firmly believed by locals that the legend of the Karoo Mermaid is true. A left turn at the top of the poort takes you onto the only gravel of the day, journeying into Prince Albert.

Day 5 | Prince Albert to Matjiesrivier

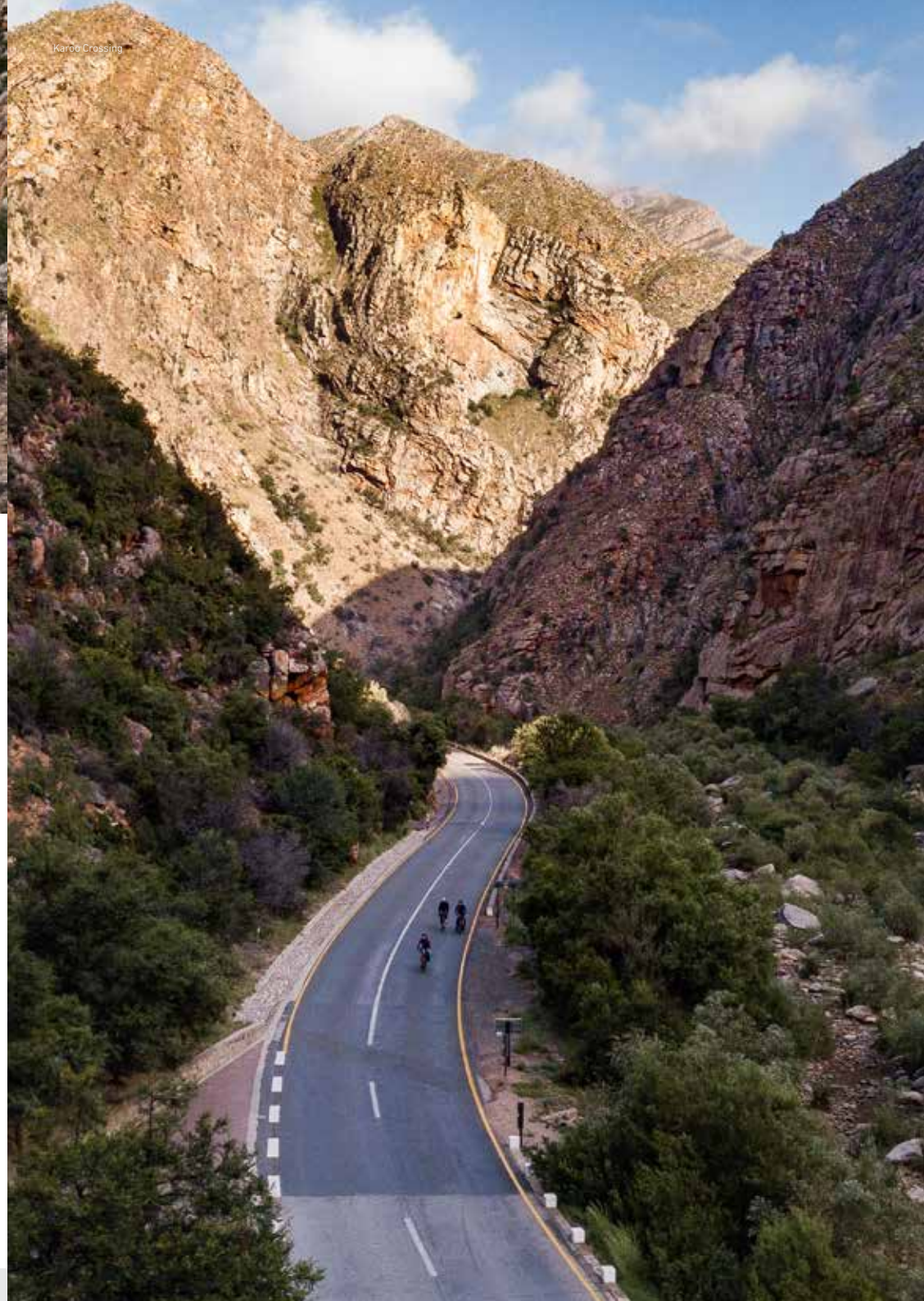
Situated at the foot of the Swartberg Mountain range you will make your way into Prince Albert. Cycle through beautifully preserved Cape Dutch, Karoo and Victorian buildings - thirteen of which are listed National Monuments. Stop at one of the many restaurants and taste the Karoo lamb. Pack some food and lots of water; as you journey 22km from Prince Albert to the summit of the Swartberg Pass, but after 1 000m climb, you will have conquered one of the legendary South African ascents.

Day 6 | Matjiesrivier to Calitzdorp

Descend carefully to Kobus se Gat, thereafter joining the ever-changing scenery of the Groenfontein road into the historic Calitzdorp, a town nestled between the Outeniqua, Swartberg and Rooiberg mountains. Ideally situated as a hub from which to partake in all that the region has to offer, including the majestic mountain passes, Congo Caves and unique Karoo architecture.

For bike-friendly accommodation and route details visit <https://capecyclerroutes.co.za>

CAPE
CYCLES
ROUTES



Discover Nature and Adventure

From African Penguin colonies to climbing the highest mountain peak in Cape Town and the Western Cape, discover an abundance of natural beauty and daring adventure experiences. Two day itineraries in each region:

Cape Town

Day 1

Scoutours offers you the unique opportunity to discover Table Mountain differently. Make your way down this iconic landmark with some of the best city views. Other Scoutour adventures include Franschoek Adventure Scoutour is where you will free-wheel along sections of the historic 1825 Holloway Pass and 1819 Cats Path ox wagon trail that ends at Haute Cabrière Cellar Restaurant. Scoutours can be done in vibe-filled Cape Town and lush forests in Knysna.

Trading hours: 7 days a week
www.scoutours.co.za

Enjoy some surfing lessons at Muizenberg Beach known for consistent waves making it conducive to learning the art of surfing quickly and safely.

Trading hours: 7 days a week
www.garysurf.co.za

The panoramic views from the top of Table Mountain can certainly take your breath away, but abseiling down this icon, provides even better views. Descending down the side of a sheer cliff you will have Camps Bay, the Atlantic Seaboard and the deep blue ocean at your feet with the Twelve Apostles at your side.

www.abseilafrica.co.za

Day 2

Explore the City and surrounds by Sidecar. This trip includes a tour through the inner city, the scenic Atlantic Seaboard, Constantia Winelands and one of the most scenic passes – Chapman's Peak drive.

Trading hours: Monday to Saturday 08h00 - 17h00
www.sidecars.co.za

Snorkel with Cape Fur seals in their natural habitat in Cape Town. This is the ultimate wildlife experience for the adventurous. Drop into the cool Atlantic Ocean and swim with hundreds of playful seals, that will surround you in an instant. This half day excursion will allow you to interact with these friendly creatures and will definitely be one of the highlights when visiting Cape Town and the Western Cape.

www.sealsnorkeling.com

City Cycle Tours recently introduced a niche tour of the city on a skateboard, led by an expert skateboarder - a tour with a twist. Duration is between 3-4 hours, starting at the Cape Town Stadium and ending in the in City Centre via Sea Point Promenade. Tours on scooters are also available for the less adventurous.

Trading hours: Weekdays 07h00 - 17h00
www.citycycletours.co.za/city-skateboard-tour

Weskus

Day 1

E-bike through the West Coast National Park the perfect destination for birdwatching as there are a number of bird houses dotted throughout the park or choose from a number of hiking trails such as Eves Footprint and Trail. In season (September - October) you will see a kaleidoscope of wild flowers throughout the park and go for a swim in the warmer months in the clear waters of the Langebaan Lagoon.

Trading hours: Monday to Friday: 07:30 - 17:00
Saturday: 08:00 - 13:00
www.sanparks.co.za

Enjoy windsurfing or Stand up Paddle Boarding on Langebaan main beach, the wind direction and speed makes Langebaan the perfect spot to enjoy this water adventure.

www.capesport.co.za

Porterville paragliding, Porterville hang-gliding and Porterville free-fly-ing are all the ideal way to discover Porterville and surrounds from a birds eye view.

Trading hours: 7 days a week
www.flyporterville.info

Day 2 – Cederberg full 1 to 2 day trip

The Cederberg slack packing trails allows you to bask in beautiful rock formations unique to the Cederberg region in the Weskus. Depending on the hiking trail it includes all accommodation at guesthouses and homestays, some in picturesque Moravian towns, meals, guided rock art visits, donkey drives and entrances and fees.

Trading hours: Monday to Friday 8h00 to 17h00
www.cedheroute.co.za

Cape Winelands

Day 1

You can now abseil down the iconic Paarl Rock in the Cape Winelands. The unique adventure experience allows for beautiful scenic views of the Paarl Valley. The abseil is just short of a 100m. This is an easy abseil, because the start gradient is easy and not vertical. Included in this experience is a picnic and a guided tour.

Booking is essential. **Trading hours: 7 days a week**
www.cascademanoor.co.za

Scoutour adventures include Franschoek Adventure Scoutour is where you will free-wheel along sections of the historic 1825 Holloway Pass and 1819 Cats Path ox wagon trail that ends at Haute Cabrière Cellar Restaurant.

Trading hours: 7 days a week
www.scoutours.co.za

Day 2

Take in the exquisite wine valleys through dramatic Cape Mountains and orchards, tastings on exclusive wine estates. Horse riding is an environmentally friendly way of discovering the destination, highly skilled guides will safely escort you on various.

Trading hours: 7 days a week 08h00-17h00
www.capewinelandsriding.co.za

Cape Overberg

Day 1

Visit the Stony Point Eco Centre in Betty's Bay. Visit the On the Edge restaurant and the Whale Museum providing guests with the history of the old Whale Station. The initiative was implemented to uplift the community of Mooiuisig in Betty's Bay.

Trading hours: 09h00 - 17h00
www.whalecoast.info

The cliffs of De Kelders are a geological wonder and home to a number of ancient limestone caves. The Drip Cave or 'druipkelder' (as it is called by locals) is located under a natural spring and large amounts of fresh water percolate through its limestone floor to form crystal clear, natural pools.

Trading hours: 7 days a week
www.dekeldersdripcave.wordpress.com

Day 2

Marloth offers various day trails, ranging from easy, short walks to more strenuous, longer hikes. These trails lead into the shady green indigenous forest, where cool pools and waterfalls wait to be discovered. Day walks are open from sunrise to sunset.

Trading hours: 07h30 - 16h00
www.capenature.co.za

Visit Agulhas National Park, where the Indian and Atlantic Ocean meet and is also the southern-most tip of Africa. Enjoy a walk along the boardwalk and visit the second oldest operating lighthouse in South Africa. Make sure to visit the new addition Iconic Map of Africa Monument at the Southernmost Tip of Africa

Trading hours: Monday to Friday: 07:30 - 17:00 Saturday: 08:00 - 13:00
www.sanparks.co.za

Cape Garden Route & Klein Karoo

Day 1

Enjoy the Point of Human Origin which could provide evidence on how early humans adapted to climate change, but also how they survived it.

Trading hours: 7 days a week 08h00 - 18h00
www.humanorigin.co.za

Sand board in Mossel Bay. Discover the world-famous 'Dragon Dune' which is the biggest and longest sand board ride in South Africa! With the focus on having fun! They cater for all age groups, beginners and Pro's. If you don't feel confident enough to stand up on your board, you can also sit down or enjoy a belly board ride.

Trading hours: Afternoon session Contact them to confirm time
www.dragondune.com

Adventure Tour

A challenging tour, with exciting passages and narrow tunnels, requiring a degree of fitness.

This experience includes the Heritage tour, and then goes to the deeper parts of the tourist route. The tour will require you to crawl, slide on your belly (or back) and climb to get a genuine idea of what spelunking is.

www.cango-caves.co.za

Day 2

Discover this unique adventure with Meerkats in Oudtshoorn. Located on the De Zeekoe Guest farm, the original meerkat conservation site, this is the only site in South Africa where you can do an exclusive 2-3 hour tour with wild meerkats in their natural habitat.

Trading hours: 7 days a week
www.meerkatadventures.co.za

Discover Featherbed Nature Reserve in Knysna for the perfect views of the Knysna Heads and Lagoon. Go on a boat trip and enjoy a number of nature trails throughout the reserve for picturesque moments.

Trading hours: Monday - Friday 08h00 - 18h00
www.featherbed.co.za

Cape Karoo

Day 1

This experience is near Laingsburg opposite Matjiesfontein. The Karoo being the largest ecosystem in South Africa, there is no better way to explore than on a quad bike. The farm offers three unique scenic routes, ranging from moderate to challenging terrain. Basic instruction is provided for beginners ahead of the ride. Some of the wildlife to that can be seen on these routes include Grey Rhebuck, Duiker, Steenbok, Springbok, Blesbok, Kudu, Gemsbok, Zebra & Sheep roam the farms pristine expansive arid plains & hills.

Day 2

Enjoy a full day of hiking, horseback riding and stay over at one of the unique accommodation in Anysberg Nature Reserve near the Cape Karoo Karoo town of Laingsburg. The wide open spaces and clear night skies will allow for perfect star gazing opportunities.

Trading hours: 07h30 - 16h00
www.capenature.co.za



Discover New Experiences

CAPE TOWN

Rollercade Indoor Roller-skating Park | Battery Park, V&A Waterfront

Rollercade is the first indoor roller-skating amusement park in Cape Town. Providing a safe and friendly environment for the entire family to enjoy roller-skating, a game of pool or just to sit back and enjoy the music. We have dedicated party areas and cater for company functions. Roller-skating keeps you on your feet and having fun.

<https://rollercade.co.za>

Clay Café in the City | Cape Town CBD

Clay Cafe in the City is a new space in the hub of Cape Town (the mini version of Clay Cafés flagship store in Hout Bay.) It is an adults focused space that strives to teach like-minded adults to be creative, learn new techniques and just have some fun while enjoying great tapas, winter-warmer meals and relaxing music. Clay Café in the City focuses on creative experimentation guided by a team of knowledgeable individuals who will help you achieve your ceramic masterpiece.

<https://claycafeinthecity.com>

GoDriveIn Movie Theatre & Roadhouse | Salt River

GoDriveIn is a new destination entertainment venue in Cape Town. A local Foodtruck Roadhouse by day and cinema drive-in by night. This experience will be bringing you a variety of big screen entertainment that you can enjoy right from the comfort and safety of your car, with the venue also offering food trucks and a high-end Virtual Reality and gaming arcade

www.godrivein.com

GARDEN ROUTE & KLEIN KAROO

Hart & Bosch Village | Hartenbos

Hart & Bosch Village is an all-new, family-friendly venue located in the small town of Hartenbos in the Garden Route district, Western Cape. With its own restaurant, kid's play area, tasting room and distillery, it's going to be a must stop!

<https://hartenboschvillage.co.za>

Mossel Bay Zipline

Welcome to Mossel Bay Zipline – the longest over-the-ocean zip line in the world! Spanning approximately 1100 meters in length (and reaching up to 90km/h*), our zip line lets you glide over the bay for an adrenaline-fuelled experience. Get a bird's eye view of the caves below, look out for the local sharks and seals below or simply take in the beauty of this incredible natural landscape from a unique viewpoint that tops any other!

<https://mosselbayzipline.co.za>

Knysna Zipline | Knysna

Welcome to the Knysna Ziplines – an adrenaline-filled experience that has you gliding over the treetops and giving you a spectacular view of the surrounding forest and natural landscapes. At a relative speed! Experience a unique zipline adventure within one of South Africa's most pristine National Parks. Situated close to the N2 between Knysna and Plettenberg Bay.

www.safeforestadventures.co.za

Nova Hot Air Balloon

A flight in a Hot Air Balloon is like nothing else you've ever experienced. No other form of flying comes anywhere close to its calm, serene nature. Experience the quiet stillness of the morning sunrise whilst soaring among bird and cloud alike. This truly is what dreams are made of. Join NOVA Hot Air Balloons, the first of its kind on the Garden Route.

www.novaballoons.co.za

CAPE KAROO

Swartberg Experience: Downhill Mountain Biking

The Swartberg Experience at Kobus se Gat offers a fully guided tour of the Swartberg Pass. As you make your way back down the pass, you've got an option to include some adrenaline into your tour by opting for a Downhill Mountain Bike ride back to the restaurant at an additional cost.

www.swartbergexperience.co.za

Karoo Crossing

The Karoo Crossing cycle route, which takes you on a 358km adventure, has its own unique charm, and every road sign that leads you to a town, whether it be by gravel or tarred road, will fill you with a deep sense of wanderlust. Journey through the Central and Klein Karoo, passing through historic towns boasting beautiful Victorian, Cape Dutch and Georgian architecture, and along winding mountain passes boasting fascinating legends. Appreciate the heritage of the Karoo told through historic rock art and engravings dating back thousands of years.

<https://capecycleroutes.co.za/route/karoo-crossing>

WESKUS

West Coast Hop-on Hop-off Experience | Weskus

We offer, all for one price, a return guided day trip through the West Coast where you can experience every area to your heart's delight. This is the best way to learn of the culture and heritage of this region, while also doing an activity or two.

Discover four distinct areas (with their activities) in the West Coast region as part of the Cradle of Human Culture: Yzerfontein, West Coast Peninsula, Veldrif and Elandsbaai.

www.wchoponhopoff.com

Langebaan Art Route

Unearth original sculptures, photography, ceramics, illustrations and paintings in a broad variety of mediums as the Cape West Coast (Weskus) comes alive on the Langebaan Art Route. The initiative is supported by Harcourts Real Estate and the SA National Association of the Visual Arts and is made up of the works of nine creatives. The works are featured in a collection of galleries and creative studios and guests are advised to visit the website to confirm operating hours for each.

<http://langebaanartroute.co.za>

CAPE WINELANDS

Die Stalle Spa at Bosjes | Worcester

Fashioned out of the property's original stables, Die Stalle spa features two cleverly configured treatment rooms and a Rasul chamber, while an elegant trough water feature at the entrance serves as a nod to the original occupants.

<https://bosjes.co.za/en/spa>

Wonderdal Children's Edutainment Centre @ Hazendal Wine Estate | Stellenbosch

Wonderdal offers an immersive and interactive edutainment experience, blending creative design, award-winning educational resources and world-class technology, to combine learning with play. At Wonderdal children aged 5-13 can discover the worlds of science, nutrition and nature across a variety of indoor and outdoor activity zones. With the colourful Amuki characters by their side, and trained WonderPals to supervise, young adventurers can look forward to a fun day out discovering a world of wonder and knowledge.

www.wonderdal.co.za

CAPE OVERBERG

Overlandy Tours in Gansbaai

A fun-filled off-road outdoor excursion in Walker Bay Nature Reserve in Gansbaai. Enter Walker Bay Nature Reserve as a first stop is the beautiful and fascinating Klipgat caves. These caves offer a glimpse into the life of early man and the wild cliffs and rock formations make for great photography.

The real fun begins from the caves as you make your way down a sandy, twisty off road trail through the fynbos to the edge of the magnificent white sand dunes. You will have some time to enjoy the beauty of the late afternoon on the sand dunes before heading down towards the point where the rugged, rocky limestone cliff faces and ever changing beaches off the Atlantic Ocean meet.

The 4x4 trail follows a series of rocky outcroppings separated by beautiful secluded beaches. Along this trail your guide will show you a few of his favourite beaches and hidden spots for spectacular photo opportunities worthy of any Insta profile... This is where your guide will set up your optional "Local is Lekker" platter for you to enjoy surrounded by spectacular scenery.

<https://overlandy.co.za>



Accommodation, tour operators and restaurants

African Wildcats Travel

African Wildcats Charters & Tours is a full service tour and charter company in South Africa. We are based in Cape Town and specialize in transportation services. We pride ourselves in thinking of your needs and comfort and we are dedicated to satisfying our customer's needs and honouring commitments that we have made to them. We currently have a fleet consisting of 12 vehicles. We offer a 24/7 service and ensure that our professional team provides a safe and prompt service.

We also offer ad-hoc services outside of the normal scheduled tours and transfers.

Contact Person: Rushdien Saban

E-mail: rushdien@africanwildcatstravel.co.za

Contact Number: +27 (0) 82 355 6963

Website: www.africanwildcatstravel.co.za



Islamic Travels & Tours

Our philosophy is simple – help create valuable experiences and provide outstanding client service. Through our dedication to this philosophy, we aim to offer you unique South African experiences that will live with you forever. We know that no two clients are the same and that's why we are committed to providing services tailored to your individual needs. We cater to the complete needs of the Muslim traveller and offer the same quality of service to clients of all religious and cultural backgrounds.

Email: info@islamictravelsandtours.co.za

Contact Number: +27 (0) 83 284 7867

Website: www.islamictravelsandtours.co.za



The Cape Mazaar Society

The Cape Mazaar Society was formed in January 1982 initially for the upgrade and maintenance of the Shrine of Sheikh Abdurahman Matura (R.A.) on Robben Island. However the name chosen "The Robben Island Mazaar (Kramat) Society" was rejected by the old Prison Authorities. Changing the name to "The Cape Mazaar Society" meant that we now had to look at all the Kramats in the Western Cape as custodians. Mohammed Ameen Dhansay is a registered Tour Guide for the Western Cape and Eastern Cape and offers Kramat Tours across the Western Cape.

Email: info@capemazaarsociety.com

Contact Number: +27 (0) 21 699 0500

Website: www.capemazaarsociety.com



Centurion Tours

Established in 1999, Centurion Tours is a fully fledged Inbound Tour Operator with its own fleet of vehicles servicing international leisure markets. We offer a wide selection of high-end luxury services, which include:

Customised Family Holidays, Honeymoon Packages, Group and FIT Packages, MICE – Meetings, Incentives, Conferences and Events, Scheduled and Private Day Tours, Accommodation – 3 star to 5 star luxury – Hotels, Villas and Lodges, Chauffeurs, Transport and Ground Handling Services and Domestic Flights.

Contact Person: Nisreen Bulbulia

E-mail: nisreen@centuriontours.co.za

Contact Number: +27 (0) 21 936 3466

Website: www.centuriontours.co.za



Ilios Travel

Ilios Travel is a full-service national tour and transport operator with offices in the Western Cape, Eastern Cape, Kwa-Zulu Natal, Gauteng and Kruger region with a variety of experienced staff who are trained and dedicated to service excellence. Ilios Travel has continuously expended its footprint in South Africa, ensuring a national presence, not only providing operational and logistical support to our clients, but also a selection of national touring programmes, delivering exceptional experiences. Covering numerous significant scenic and historic landmarks across South Africa, the diversity of programmes on offer are sure to fit any individual's travel interest.

Contact Person: Ashlyn Worrall

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Contact Number: +27 (0) 84 585 0029

Website: www.ilios.co.za



Cut Above Travel and Tours

Cut Above Travel and Tours is an accredited full 360 travel service provider with a special interest in Halaal Tourism, tailor-made, package, group and incentive tours including conferencing. Tours are organised to many of the tourist attractions across the country such as safari, adventure, scenic, cultural and eco tours. We research, plan and project manage all our tours to suit the customer's requirements. We also provide planning and insight for specific Cultural weddings.

Contact Person: Latifa Cozyn

E-mail: info@cutabovetours.co.za

Contact Number: +27 (0) 21 797 5856

Website: www.cutabovetours.co.za



Wow Travel & Tours

Established in 2007, we have grown into one of the leading Destination Management Companies in Cape Town. Our services include custom-made FIT and MICE packages throughout South Africa whilst also servicing South African Tourism & WESGRO, show-casing the Western Cape to international media and Tour operators. Our services extend to pre & post tours and transfers for international conferences of any group size. Our fleet of luxury vehicles ensures that we are well positioned in the market.

Contact Person: Rushdi Harper

E-mail: rushdi@wowtraveltours.com

Contact Number: +27 (0) 21 697 0174

Website: www.wowcapetowntours.com



Escape to the Cape

Escape to the Cape is a young, dynamic tour company specializing in luxury tours at affordable prices. Our tours are all fully-inclusive and there are no hidden costs! Think luxury air-conditioned vehicles, free snacks and selected meals and the services of enthusiastic and knowledgeable guides a sure guarantee for an unforgettable vacation!

Contact Person: Shaheed Ebrahim

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Website: www.escapetothecape.co.za



Tripos Travel

Tripos Travel specialises in tailor-made holiday packages to Southern Africa. We offer our clients personal service and our team of professionals are amongst the best in the country. We have intimate knowledge of our region and this allows us to create the ideal product to meet our visitors' needs. Our luxury tailor-made tours are Muslim friendly and we accommodate a wide variety of customer preferences. Tripos Travel has an intimate and expert understanding of the needs of the Muslim traveller and our tours are operated by local Muslim guides. On our tours, visitors can also experience homemade dinners hosted by local Muslim families, cooking lessons from an authentic Cape Malay cook and they can immerse themselves in tours of the various mosques, District Six and the Malay quarters known as the Bo Kaap.

Contact Person: Ingrid Carelse

E-mail: ingrid@tripostravel.co.za

Contact Number: +27 (0) 462 6104

Website: www.tripostravel.com



Prins and Prins

Situated in the historic Huguenot House on the corner of Hout and Loop Street you will find Prins and Prins. Discover a Diamond and Jewellery Museum, which is a free experience and a must see.

Prins and Prins was established in 1979 and is one of the oldest jewellery shops in Cape Town. The museum showcases the world treasure chest. That indicates why 90% of the world's platinum, 60% of the world's gold and 30% of the diamonds are found in the Transvaal and Free State. Due to erosion and natural elements. The cradle of creativity is a very interesting display as it showcases a replica of the oldest piece of jewellery ever found in the world, discovered in the Blombos Cave 200km from Cape Town, near Mossel Bay.

Contact person: Stéfan Doveton-Moore

Email: stefan@prinsandprins.com

Contact number: +27 (0) 21 422 1090

Website: www.prinsandprins.com



Shimansky Diamond Jewellers – Diamond Tour

At the V&A Waterfront situated in the Clock Tower Precinct is the unique Shimansky Diamond Experience. The tour lets you explore the fascinating world of diamonds like you've never seen it before. This is where you can shop for these precious, beautifully crafted in unique jewellery pieces.

Contact person: Kelly Richards
Email: kelly@shimansky.co.za
Contact number: +27 (0) 21 402 7984
Website: www.shimansky.com



Angala Boutique Hotel

Angala Boutique Hotel is where homely luxury blends with the pristine beauty of nature. Located in the heart of the Cape Wine-lands between magnificent mountains, Angala is a retreat for body, mind and spirit. Angala offers the feeling of serene remoteness, yet is only a few minutes' drive from the centre of Franschhoek. Indulge in the "fruits of the valley" from our in-house restaurant, offering gourmet cuisine throughout the day. Local and ethically sourced produce is used to create our uniquely Angala menu.

Contact Person: Annette Ashly
E-mail: annette@aimarketing.co.za
Contact Number: +27 (0) 87 786 5002
Website: www.Aimarketing.co.za



Hyatt Regency Cape Town

Immerse yourself in the culture and color of one of Cape Town's most vibrant neighborhoods, Bo-Kaap. This historic area is rich with brightly painted houses, spice shops, and cafes, to satiate your desire for discovery. Taste your way through a flavor-filled Cape Malay gastronomic experience along two of the city's hottest food and beverage streets, Kloof and Bree, both walking distance from the 5-star hotel. If you make it in before dark, you just might catch a sunset-kissed view of Table Mountain or Signal Hill. With our newly renovated guestrooms, lobby and restaurant areas it will create the perfect stay for the business and leisure traveler.

Email: info.capetown.regency@hyatt.com
Contact Number: +27 (0) 87 109 1234
Website: www.hyatt.com/hyatt-regency/cape-town



One & Only

Nestled within a natural amphitheatre shaped by the vertical cliffs of Devil's Peak and Lion's Head sits Cape Town in all of its coastal glory. Here, commanding an enviable spot in the city's fashionable Victoria & Alfred Waterfront, is One&Only Cape Town, overlooking the marina with panoramic views of Table Mountain.

Email: reservations@oneandonlycapetown.com
Contact number: +27 (0) 21 431 5888
Website: www.oneandonlyresorts.com



Taj Cape Town

Embodying the unique 'Tajness' you can feel with your eyes closed, five-star Taj Cape Town Hotel captures the history and spirit of Cape Town's inner city with all the opulence and exoticism of the East. The hotel has seen many of the epochal events in South Africa's history. The elegant structure—a perfect synthesis between what were originally the Reserve Bank and Board of Executives (BoE) buildings, and a modern tower—combines the legacy of a bygone era with the luxury of the new. Taj is optimally positioned to immerse guests in the intoxicating energy of the city.

Email: reservations@tajhotels.com
Contact number: 00-800-4-588-1-825
Website: www.tajhotels.com



Moerat Events & Accommodation

Looking for an extraordinary picturesque country venue? Then look no further! Our two beautiful venues, Klein Nederburg Country Farm and Roggeland Country House are 45 minutes from Cape Town and offers beautiful panoramic views of the award winning Nederburg vineyards and Drakenstein mountains, making weddings, conferences, private functions and overnight accommodation simply unforgettable. Both estates are family orientated in every sense of the word, making our clients feel at home and part of our inspired family.

Email: info@moeratevents.co.za
Contact number: +27 (0) 21 839 1665
Website: www.moeratevents.co.za



Ramasibi Guest Services

Ramasibi consists of 14 bedrooms with en-suite bathrooms of which one room is wheelchair friendly. All rooms have tea/coffee facilities and TV with DSTV as well as Wifi. It has a spacious open plan lounge, dining room, TV room with DSTV and DVD player, indoor braai (fire & gas). From the open plan area, a sliding door leads to a deck above the 11x4.5 metre swimming pool where one can have breakfast when weather permits it or relax under the cool thatched gazebo on the other side of the pool. It is situated 750 metres from the N1 off ramp at the Platteklouf/McIntyre (M14) exit in the picturesque Northern Cape Town suburb of Panorama. They have a fully equipped Conference Facility seating up to 45 delegates with its own separate toilets. It has a data projector, surround sound and air-conditioning. A fully equipped separate kitchen has been created that is Halaal certified – HT 4673, from where food is provided for the guest house as well as to outside customers.

Contact Person: JJ Pieterse
E-mail: jj@ramasibi.co.za
Contact Number: +27 (0) 21 939 0476
Website: www.ramasibi.co.za



Atlantic Imbizo Conference & Function Venue

Atlantic Imbizo Conference and Function Studio is situated in the heart of the beautiful Victoria and Alfred Waterfront and within walking distance of some of the Cape's best hotels and entertainment venues. Atlantic Imbizo is a fully equipped business and social centre, featuring a full range of sophisticated, superbly decorated Conference and Function facilities with the flexibility to customize the venues to your exact needs.

Contact Person: Veena Sebastian
E-mail: veena@atlanticimbizo.co.za
Contact Number: +27 (0) 21 419 4565
Website: www.atlanticimbizo.co.za



The Silo Hotel

The Silo Hotel is an opulent, luxurious hotel towering above the iconic V&A Waterfront. Built in the grain elevator of the historic grain silo complex, the Silo Hotel occupies six floors above the Zeitz Museum of Contemporary Art Africa (MOCAA).

Email: info@thesilohotel.com
Contact number: +27 (0) 21 670 0500
Website: www.theroyalportfolio.com



Tsogo Sun

The Tsogo Sun hotel portfolio caters to both business and leisure travellers. This includes a range of widespread hotels in Cape Town City Centre and the surrounds. Guests can enjoy the elegant, individually branded luxury hotels on the Waterfront, to the full service which includes the Southern Sun hotels, select service like the Garden Court and StayEasy hotels and the budget properties.

Contact person: Gerhard Louw
Email: Gerhard.Louw@tsogosun.com
Contact number: +27 (0) 86 144 7744
Website: www.tsogosun.com



City Grill

City Grill is a traditional South African Steakhouse - a place where food has substance, big appetites are essential and South Africa is the flavour of the month. We are famous for our traditional South African dishes with various Venison options and beautifully matured beef steak. Our dishes are drenched in African spirit and kept traditional with choices like Bobotie and Ostrich Fillet Steak. Our extensive menu means our service ambassadors are well-trained.

Contact Person: Annette Ashley
E-mail: annette@aimarketing.co.za
Contact Number: +27 (0) 82 786 5002
Website: www.Aimarketing.co.za



Halaal Hopper and Chairperson of the SA Halaal Tourism Association

Halaal Hopper caters to the needs of the Muslim traveller, and the opportunity to explore a truly authentic experience of Islam in the Western Cape. Halaal Hopper Tour activities provide travellers with authentic Cape Malay Cuisine and Culture, with highlights that include dining and cooking experiences with locals on the Cape Flats..

Contact Person: Fayrouz Holiday October
E-mail: info@halaalhoppers.co.za
Website: www.halaalhopper.co.za



126 Cape Kitchen & Cafe

126 Cape Kitchen & Café is located at the Hilton Hotel. Apart from their exquisite dining options, they also offer tea tastings daily (R85pp), cooking and baking master classes (booking essential) and chef's table experiences (where you see the chefs in action preparing your dish).

Email: hiltoncapetown.126ckc@hilton.com

Contact number: +27 (0) 21 481 3700



Myatt Café

Delicious gourmet sandwiches, pastries, cakes and chocolates are but a few of the choices you will be faced with. With a variety of coffees and teas you could be tempted to stay all day and with names such as Kenyan Black, Ceylon Petiagala and Blooming Show Tea you could be forgiven for thinking you are seated at the front row of a High Fashion Award in Paris.

The retail counter and online store offers you a wide range of these exquisite Myatt products and decadent MARY chocolate which are imported from Belgium and crafted especially for Myatt Café & Chocolatier. Why not take a little of the Myatt flavour home with you? Indulge in excellence.

Email: myattcafechocolatier@myatt.co.za

Contact number: +27 (0) 21 418 8844

Website: www.myattcafe.com



Greek Fisherman

Traditional Seafood and Mediterranean Cuisine with a modern twist. Here at the Greek Fisherman, we are proud of our roots, so expect traditional Greek and Mediterranean dishes. But, we also believe in moving with times, so we've added a modern twist to our otherwise classic menu. Our cuisine includes Greek & Seafood specialities and we are famous for our Greek Meze, our Souvlia (spit roast) and our stunning Lamb in the oven. Take a seat and get a glorious view of Table Mountain while you enjoy your delicious seafood and meats grilled over open charcoals.

Contact Person: Annette Ashley

E-mail: annette@aimarketing.co.za

Contact Number: +27 (0) 82 786 5002

Website: www.Aimarketing.co.za



360° Marhaba

360° Marhaba focuses on the promotion of travel products and services through sales and marketing representation across the Middle East.

A collection of classix properties based in Cape Town, Stellenbosch and Franschhoek.

Contact Person: Rose Bilbrough

E-mail: rose@360marhaba.com

Website: www.360marhaba.com



Meloncino

Welcome to Meloncino, the V&A Waterfront's stylish restaurant for food lovers alike. Meloncino serves traditional Roman food with a contemporary modern touch. Home-made pasta and authentic Italian sauces, steaks and seafood are available from the charcoal grill. Pizzas are created in our wood fired oven with thin base (Roman Style) and thick base (Neapolitan Style). To stay faithful to the original recipes, the majority of our ingredients are fully imported from Italy. Being located on the second floor of Victoria Wharf Shopping Centre, above the quay, gives the restaurant commanding views of the magnificent Table Mountain and the working harbour below. It's the perfect setting for lazy afternoons and leisurely evenings.

Contact Person: Annette Ashley

E-mail: annette@aimarketing.co.za

Contact Number: +27 (0) 82 786 5002

Website: www.Aimarketing.co.za



Aquila Private Game Reserve & Spa

Aquila Private Game Reserve and Spa offers the African Big 5 – malaria free safari tours, just 2 hours from Cape Town. Day trips and overnight facilities are available, including a 10 treatment room spa Quad – bike safaris, horseback and open 4x4 safari vehicles available.

Contact Person: Tanya Lubbe

Email: sales@aquilasafari.com

Contact Number: +27 (0) 21 430 7260

Website: www.aquilasafari.com



Fancourt

Positioned on 613 hectares in the Garden Route, Fancourt is South Africa's premier lifestyle estate with mountains, forests and the warm Indian Ocean in close proximity. 133 luxury rooms and suites including The Manor House, spa, restaurants, three Gary Player designed golf courses and a Leisure Centre including a Kidz Club.

Contact Person: Michelle van der Westhuizen

Email: marketing@fancourt.co.za

Contact Number: +27 44 804 0000

Website: www.fancourt.co.za



NAC Helicopters Cape Town

NAC Helicopters and Charters provides professional and personalized services to the discerning traveller or business executive. Whether transferred to your dream destination, or to simply showcase Cape Town's breath-taking beauty, NAC Helicopters does it in style.

Contact Person: Lindie Strauss

Email: lindie@naccapetown.com

Contact Number: +27 (0) 21 425 3868

Website: www.nachelicopterscapetown.com



Rovos Rail

A trip aboard Rovos Rail is a journey like no other. Experience the opulent elegance of rail travel on one of the most luxurious trains in the world. Combine some of the most magnificent scenery with the glamour and excitement of the golden age of rail travel.

Contact Person: Estee Badenhorst

Email: Estee@rovos.co.za

Contact Number: +27 (0) 21 421 4020

Website: www.rovos.com



Radisson Hotel Group

Radisson Hotel Group is one of the world's largest and most dynamic hotel groups with eight distinctive hotel brands with more than 1,400 hotels in destinations around the world.

Contact Person: Debra Sivertsen

Email: debra.sivertsen@radissonblu.com

Contact Number: +27 (0) 21 467 4000

Website: www.radissonblu.com



Sun International Sunlux Collection

Immerse yourself in the beauty, splendour, grandeur and adventure of Sun International's Sunlux Collection. Discover a landmark hotel in Cape Town, the Table Bay.

Contact Person: Mark O'Brien

Email: mark.obrien@suninternational.com

Contact Number: +27 11 780 7000

Website: www.suninternational.com



Tour D'Afrique

Tour d'Afrique is firmly established as one of the leading destination management companies in Africa. They provide a complete range of reliable, superior and professional services throughout Southern and East Africa.

Contact Person: Craig van Rooyen

Email: craig@tourdafrique.com

Contact Number: +27 (0) 21 526 9000

Website: www.tourdafrique.co.za



White Shark Projects

White Shark Projects is a shark cage diving company based in Gansbaai, home to the highest population of Great White Sharks in the world. Renowned for their ethics in responsible tourism, they believe strongly in conservation through education.

Contact Person: Charmaine Beukes

Email: charmaine@whitesharkprojects.co.za

Contact Number: +27 28 384 1774

Website: www.whitesharkprojects.co.za



African Pride Tours

A family business offering 30 years' experience, outstanding product knowledge, personal service and attention to detail. Offering tailored itineraries throughout sub-Saharan Africa for FITs, MICE, leisure and sports groups.

Contact Person: Trevor Hewett
Email: trevor@africanpride.co.za
Contact Number: +27 21 715 5409
Website: www.africanpride.co.za



Travel Juice

Travel Juice is a recently launched specialist travel concierge company. We craft full-service holiday experiences tailored to our clients' liking to ensure peace of mind from the time they land in South Africa until the time they depart. Our vision is to be our clients' chosen partner for creating memorable holiday experiences.

Contact person: Shezaad Gani
Email: Shezaad@africanescapades.co.za
Contact number: +27 71 868 0705
Website: www.traveljuice.co.za



Mandela Rhodes Place

This iconic hotel is located in the heart of Cape Town's cultural quarter, redefining spacious and contemporary living with luxurious all-suite style apartments. In close proximity to Mandela Rhodes Place Hotel, there is a host of leisure options where you can meet, shop, relax, dine and explore the myriad of both business and cultural landmarks. Mandela Rhodes Place Hotel features five-star amenities, including a rooftop swimming pool, wireless internet as well as undercover parking.

Contact person: Liné de Wit
Email: resmanager@mandelarahodesplace.co.za
Contact number: +27 21 4814000
Website: www.mandelarahodesplace.com



Bantry Bay Suite Hotel

Bantry Bay Suite Hotel is Located in wind-free Bantry Bay and a stone's throw from the popular Sea Point Promenade. Bantry Bay Hotel offers more than just a luxury boutique hotel experience. With breath-taking views of the Atlantic Ocean, set against a backdrop of the magnificent Lion's Head, it is located in the most perfect location for guests to explore and enjoy all that Cape Town has to offer.

Each of the 41 suites combine style and sophistication with spaciousness and offer a semi-self-catering kitchenette as well as an en-suite bathroom, dining area, sleeper couch and balcony (with exception of studios). The self-catering suites are air conditioned and are fully equipped with everything a guest would need to make their stay with us as easy and comfortable as it would be at home.

Contact person: Juanita Johnson
Email: Reservations@thebantrybay.com
Contact number: +27 21 434 8448
Website: www.bantrybaysuitehotel.com



First Diamonds

First Diamonds philosophy is that a diamond is far more than a stone; more than a fortunate combination of time and geology. Rather, it is a glittering beacon of celebration. A symbol of life's most cherished moments. As a wholesale diamond merchant, their rough diamonds are purchased directly from South Africa's diamond mines, before each diamond is cut and graded by independent laboratories, including the GIA.

Contact person: Heidi Wahl
Email: heidi@firstdiamonds.co.za
Contact number: +27 21 419 9999
Website: www.firstdiamonds.co.za



SA Forest Adventures

Sa Forest Adventures is one of South Africa's largest adventure companies. Ziplining, White Water Rafting, Quad Biking ATV 4x4, Sandboarding and so much more. Based in Cape Town, Hermanus, Mossel Bay, Knysna Garden Route. For the best adventure look no further than Sa Forest Adventures.

Email: bookings@saforestadventures.co.za
Contact number: +27 83 517 3635
Website: www.saforestadventures.co.za



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