

## OVERSTRAND CAPE WHALE COAST

From formal routes and informal tracks, to coastal trails and mountain paths, the Cape Whale Coast is laced with hiking trails and is the perfect place to enjoy nature's offerings. Some of the must-try paths include: Drie Damme, Duiwelsgat, Hermanus Cliff Path, Harold Porter National Botanical Garden, Fernkloof Nature Reserve, Fynbos Trail, Kleinmond Coastal & Mountain Reserve, Kleinriver Mountains, Kogelberg Nature Reserve, Perlemoen Trail & Phillippskop Mountain Reserve.

#GetInAGoodSpace in the Overstrand Cape Whale Coast.  
#safetravels  
[www.whalecoast.info/](http://www.whalecoast.info/)

*Get that*  
**faraway feeling**





## SAFETY TIPS

- Ensure that your phone is fully charged and save emergency contact numbers
- Do not leave your belongings unattended and avoid carrying valuables in plain sight
- Listen to the advice of registered tour guides and the local tourism centers
- Hike in groups and always inform a contact of your intended route
- Stay on the paths, avoid short cuts
- Have a good map and description of the route
- Prepare for weather changes; wear suitable footwear and clothing, including a hat & sunscreen
- Start early and remember to pack enough drinking water & high energy food
- You do not require a permit to walk in any of our streets
- Never allow strangers to assist you at ATMs or cash points
- If you wish to help the homeless, consider donating to The Hermanus Night Shelter or local Rotary

## OVERSTRAND CAPE WHALE COAST EMERGENCY NUMBERS

Ambulance:	10177
24 Hour Emergency:	028 313 8111
Overstrand Fire & Rescue:	028 312 2400
Overstrand Law Enforcement:	028 313 8980
NSRI:	028 312 3180
Marine & Coastal Management:	028 313 2703
Hermanus Police:	028 313 5300
Gansbaai Police:	028 384 0201
Stanford Police:	028 341 0601
Kleinmond Police:	028 271 8200
Hermanus Provincial Hospital:	028 313 5200
Hermanus Private Hospital:	028 313 0168

Tourism Safety and Support assists international tourists in distress by:  
Providing emotional support & hospital visits  
Contacting family & friends  
Making logistical arrangements  
Facilitating emotional trauma counselling  
Facilitating with embassies and consulates for passports