

# YOUR GUIDE TO CAPE TOWN AND THE WESTERN CAPE



DISCOVER

## *Cape Town*

AND THE WESTERN CAPE, SOUTH AFRICA.

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# WELCOME

## Welcome to Cape Town and the Western Cape

To visit our inspiring province is to love our province. Cape Town city is a bustling melting pot of cultures, tastes and experiences for young and old. You'll find state of the art shopping malls, open-air markets, a dynamic night life and windows into our rich history. You're going to want to discover more, and a world of natural beauty lies beyond the boundaries of the city in the greater Western Cape regions: the Cape West Coast (Weskus), the Cape Karoo, the Garden Route & Klein Karoo, the Cape Winelands and the Cape Overberg.

Each area is worth exploring and has its own charm, you'll uncover diverse culinary delights, award-winning wine estates, nature in full bloom, wide open spaces and deserts, azure waters and white sandy beaches, luxury experiences and animal encounters that will make your journey truly unforgettable. But that's not all you'll find here. Drawing strength from its diversity it's the people that make our destination beautiful, and they invite you to share in our colourful heritage.

### POPULATION:

6,166,324 (Stats SA) people call Cape Town and the Western Cape their home.

### CLIMATE:

We have a year-round mild Mediterranean climate, with temperatures averaging between 15°C - 27°C.

### CURRENCY:

South African Rand (ZAR): R1 = 100 cents

Coin denomination: 5c, 10c, 20c, 50c, R1, R2 and R5

Banknote denomination: R10, R20, R50, R100 and R200

### FOREIGN EXCHANGE:

It is important to note that you can only pay in Rands in South Africa. Money can be exchanged at the airport, commercial banks, Rennie's Travel and American Express. These can be found in most shopping centres in the Western Cape. You may also find exchange facilities in some hotels.

Banking hours are: 9am – 3.30pm (weekdays)

and 8.30am – 11am (Saturdays) and are closed on Sundays.

All major credit cards are accepted at most establishments in the Western Cape.

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LANGUAGES

South Africa has 11 official languages but English, Afrikaans and Xhosa are the most frequently heard in our Province.

Some local chit-chat:

ENGLISH	AFRIKAANS	XHOSA
Good morning	Goeiemore	Molo
Hello	Hallo	Bhota
Goodbye	Totsiens	Sala Kakhle
Thank you	Dankie	Enkosi
How much does this cost?	Hoeveel kos dit?	Yimalini?
Yes	Ja	Ewe
No	Nee	Hayi

DUTY FREE SHOPPING

All stores must charge the Value Added Tax (VAT) of 15% that is levied on the purchase of most goods in South Africa. As a foreign visitor you may apply for a refund of the VAT you pay while in the country provided you apply before you depart. Ensure that you receive your tax receipts for all purchases made, to claim your VAT refund, present all your tax receipts to the VAT administrator at your point of departure.

BUSINESS HOURS

Shops at the major malls such as the V&A waterfront and Canal Walk are open until 9pm everyday, while the shops in shopping centres close at 7pm. Informal traders and flea markets generally trade from 9pm - 4pm. Muslim owned businesses are closed between 12pm and 2pm on Fridays.

SAFETY TIPS

Avoid walking in deserted and dark places at night. Never allow strangers to assist you in any way at ATMs. At night, park in a secure and well-lit area with street guards. Keep photocopies and all valuable documents in a safe place.

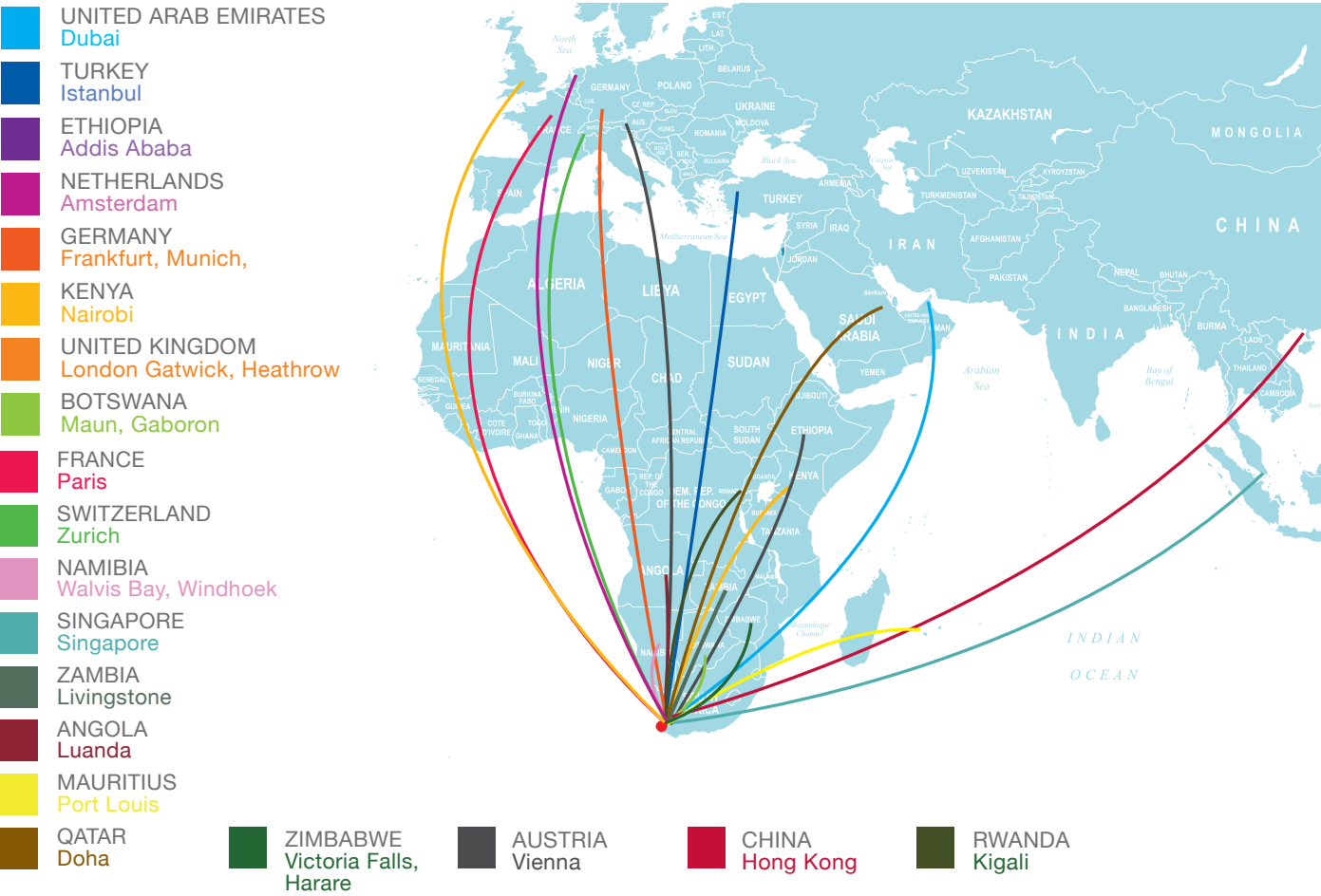
DRINKING WATER

Drinking water in South Africa is safe to drink and cook with when taken from taps in urban areas. Not all tap water in rural areas is safe for consumption, so take precautions if necessary.

EMERGENCY NUMBERS

For all emergency services from your mobile dial: 112  
All emergencies from landline: 107  
South African Police Service: 10111

CAPE TOWN INTERNATIONAL AIRPORT ROUTE NETWORK



We’re famous for our mountain,

our oceans, our desert, our forests, our city, our rivers, our salt pans, our winelands, our farms, our beaches, our parklands, our game reserves, our studios, and any other location you could possibly need.

Cape Town and the Western Cape have as many locations as you have ideas. Our state-of-the-art facilities and budget-loving exchange rate will ensure a seamless journey from script to screen. This is why we’ve been the destination of choice for films and series such as Bloodshot, Tomb Raider, Maze Runner: The Death Cure, The Dark Tower, Resident Evil: The Last Chapter, Mad Max: Fury Road, The Brothers Grimsby, Eye in the Sky, Mandela: Long Walk to Freedom, Blood Drive, Homeland S4, The Crown S1-2, Outlander S3, Troy: Fall of a City, Black Sails S1-4, Origin, and Warrior.

The moderate climate, highly competitive rates, a skilled and well established commercial and stills industry, as well as world-class animation, VFX, and post-production facilities are among the many benefits of shooting in the Cape. Mandated by the City of Cape Town and the Western Cape government to promote the region’s film and media industry, Wesgro is ideally positioned to help you turn your ideas into a reality. Find out how Wesgro can support you by visiting [www.wesgro.co.za/film](http://www.wesgro.co.za/film), and download our new e-book for a look at some of the inspiring locations waiting for you.

Cape Town and the Western Cape.  
An inspiring place to create.



CAPE TOWN & WESTERN CAPE  
FILM & MEDIA PROMOTION  
a division of WESGRO

For more information contact: Film and Media Promotion team  
+27 (0) 21 487 8600 | [film@wesgro.co.za](mailto:film@wesgro.co.za) | [www.wesgro.co.za/film](http://www.wesgro.co.za/film)



# Discover Cape Town and the Western Cape

## Cape Town

Cape Town has always been considered the jewel in the crown of the Western Cape with the city's natural beauty, depth of experiences on offer and friendly locals well known.

With a history as rich as it is diverse, the Mother City is a heady mix of cultures, blended in a tumultuous past, making it one of the world's most cosmopolitan and intriguing cities to visit. With its natural beauty, blending seamlessly with its cultural, artistic and bespoke experiences, there is something on offer for traveller of all kinds.

The unmatched wonder of Table Mountain is always popular, while in the summer, the many beaches across the city's coastline are packed with both locals and foreigners alike. It is also quickly becoming a favourite for those seeking something more extreme, with shark cage diving, abseiling and sky diving just some of the adrenaline fuelled activities on offer.

It is the gastronomic capital of South Africa, with its restaurants consistently topping the local and international lists, while it boasts not one, but two world class wine routes, with the oldest wine farm in the country in Groot Constantia.

The city is also home to some of the most dynamic and versatile theatre venues you could ask for, including the Artscape, The Fugard and Maynardville Open-Air Theatre. The heritage of this great city is unmatched, its story to be found in any number of museums and heritage sites around the city.

From the foreboding Rhodes Memorial, which sits along the slopes of Devil's Peak, in remembrance of the city's colonial past, to the emotional and torrid history of Robben Island and District Six, Cape Town's tale is equally one of tragedy and heartache, inspiration and a triumph.

With so much on offer, is it any wonder that Cape Town continues to welcome the world to its doorstep?

### Must-do Experience

#### The Test Kitchen

The country's number one restaurant, The Test Kitchen, is based at the Old Biscuit Mill in Woodstock and is the brainchild of award-winning chef, Luke Dale-Roberts. While the restaurant is renowned for its menu, the venue is not uptight or overly elaborate. The experiences take you around the world, starting off in the Dark Room, before finishing up with the full taster and wine flight experience in the Light Room. This is more than a meal, it's an experience. Booking essential.

## Cape Winelands

The Western Cape is a place known for its abundance of quality wine and the Cape, in particular, is intrinsically tied to the vine. Nowhere is this truer than in the Cape Winelands, a region overflowing with award-winning vintages and home to a number of world class vineyards.

Towns such as Stellenbosch, Franschhoek, Paarl, Wellington and Robertson are now iconic in terms of the wine they produce and together they produce wine that is as diverse as it is bountiful. Set aside plenty of time if you visit the Cape Winelands, because you will never cover it in a day...

But while the wine put the Cape Winelands on the map, it deliver plenty on the food front as well, with world class restaurants in abundance, with Franschhoek and Stellenbosch, in particular, leading the way. Both towns are home to a number of award-winning restaurants, ranging from fine dining to more relaxed experiences.

And you can add craft beer and whisky to the menu now, with the region quickly becoming a leader in both, ensuring that it continues to expand on what it has to offer.

### Must-do experience:

#### Garden Tour at Babylonstoren

Babylonstoren's daily guided garden tour starts at the Farm Shop at 10am. One of the experienced gardeners will be your guide on this tour, during which guests are encouraged to pick, taste, smell and touch while walking through the garden. Each of the 300 plant varieties is edible or has medicinal value. The beautiful garden is not only pleasing to the eye, but also provides the restaurants with fresh produce, harvested daily. Babylonstoren's enthusiastic guides will share some of the garden's special stories with you and give practical gardening tips.

## Cape Karoo

Known for its wide-open spaces, the Cape Karoo is where you want to go when the pace of city life is something you want to escape. This is where you go to get off the grid.

A place of incredible beauty, wild game, clear skies and magical sunsets, the Cape Karoo has a number of Nature Reserves and game farms, boasting an abundance of wildlife. The Karoo National Park, for example, is home to black rhino, lions, and other wild game.

Another animal in abundance in the Karoo is sheep, who roam 'freely' around the area on large plots of land, sampling a wide range of indigenous, aromatic plants. As a result, the Karoo has become famous for its succulent and tasty lamb dishes. You need to sample some when in the area!

Perhaps the best way to see this ancient land is by train, with the luxurious Rovos Rail running through the area, as well as the more affordable Premier Classe, Blue Train and Shosholozza trains. What better way to see this magical place than by train?

While in the area, be sure to visit Matjiesfontein, a tiny 19th Century town, seemingly untouched by time, and was once considered the jewel of the Western Cape.

### Must-do experience:

#### Stargazing:

Stargazing is a must when visiting anywhere in the Cape Karoo it only takes you to look up and view stars pinned against a black canvas. From open vast landscapes, to sunsets followed by open starry night skies. The Cape Karoo is an untouched region just waiting to be discovered by you.







## Cape Overberg

Lying between the Cape Peninsula and the Garden Route, the Cape Overberg is known as the 'breadbasket' of the Cape, because of its wheat fields and large harvest of fruits.

This is a place that boasts great diversity with coastal towns such as Hermanus, known as the jewel of the Cape Whale Coast for its abundance of marine wildlife, the beautiful Elgin Valley, an under-appreciated wine region and Swellendam, a jaw-dropping beautiful natural wonderland, combining to create a region unlike any other. With a landscape dominated by gentle, undulating hills, enclosed by the ocean and foreboding mountain ranges, the Cape Overberg is a favourite getaway for those seeking outdoor pursuits and adventure.

The region also boasts an abundance of animal life – both land and ocean dwelling – with the wild horses that roam the wetlands between Bot River and Kleinmond having been there for as long as people can remember and Hermanus a favourite breeding ground for the Southern Right whale. Visit the coastal town from May to October and you're virtually guaranteed a sighting of these magnificent ocean animals.

Walker Bay, meanwhile, produces the country's most southerly wine, while the region boasts fantastic seafood, artisanal cheeses, and much more for which to pair it with.

### Must-do experience:

#### Shark Cage Diving in Gansbaai

Shark cage diving is the best way to experience one of the ocean's most majestic, and feared, predators up close. Easily one of the most popular activities for those visiting Cape Town and the Western Cape, the small town of Gansbaai is arguably the best place to view these incredible animals. Known as 'Shark Alley', Dyer Island just off Gansbaai is a hot spot for viewing Great White sharks, giving you an opportunity to look them – and your fears – in the eye...



## Cape West Coast

The Cape West Coast (Weskus) is a place so awe-inspiring, so jaw-droppingly beautiful, and so magical, you would need weeks to take it all in. Stretching from Malmesbury, just outside of Cape Town, to the border of the Northern Cape at Touws River, the Cape West Coast is best known for its beautiful beaches and the quaint, seaside towns that populate the region.

Towns such as Langebaan, Lambert's Bay, Paternoster and Saldanha have all become a home-away-from-home for many Western Cape locals and are havens for those looking to escape the city.

The region is also famous for its bountiful seafood, with snails, mussels and crayfish in abundance and understandably the area has become a mecca for restaurants specialising in seafood dishes, the ingredients of which are usually fresh from the ocean in which they live.

But the Cape West Coast is not just about the sea and all things related to it! There are many wonders that lie inland with the aptly named town of Darling famous for its wildflowers, which are in full bloom over September, and its locally produced wines, while the Cederberg Mountains boast century-old rock art, warm, welcoming locals and some of the best hiking, mountain biking and bouldering in the world.

### Must-do experience:

#### Rocklands Bouldering

Situated in the Cederberg Mountains, Rocklands is a beautiful area in a semi-desert setting. Famous for its world-class bouldering, there are a large variety of quality climbing options in both bouldering and sport climbing. All the sport routes are single pitch and you will have to do a small amount of walking to get to the different areas. Most of the original climbing is situated on CapeNature land and thus day or week permits must be obtained as permits for bouldering are not covered by Wild Cards. Depending on the time of year you visit, the Weskus can get pretty hot, so take along plenty of water.

## Garden Route and Klein Karoo

One of the most beautiful, diverse and awe-inspiring regions in the country, the Garden Route and Klein Karoo is also one of the most-loved road trips to embark on. Stretching from Witsand to Plettenberg Bay, right around to Oudtshoorn as well as Calitzdorp and Ladismith on the world-renowned Route 62, this is a place where adventure lies around every corner.

With everything from majestic mountains – and equally impressive mountain passes – to brilliantly blue coastlines and thick forested areas, the region is a natural wonderland to explore with a hugely diverse number of experiences.

Route 62 runs through some fantastic small towns, with a number of options available to you – from olive and fruit farms, lesser-known, but equally impressive wineries, and nature reserves.

And while the Garden Route is often celebrated for its exquisite coastal beauty, brilliant beaches and marvellous lagoons, it is also a golfer's paradise with a number of world-class courses on offer, including Fan-court and Pinnacle Point, with many designed by world-famous golfers.

For the adventurous, there are few better playgrounds to explore, with a myriad of trails, running through indigenous forests and up epic, jaw-dropping passes, while those who prefer the water sure to be spoilt by what is on offer in Knysna, the Wilderness and Plettenberg Bay.

### Must-do experience

#### The Cango Caves

The Cango Caves are an iconic site and are both a cultural and natural landmark in South Africa. Dated to be around 20-millions years old, the caves are situated in the Swartberg Mountains, 30km outside of town, and are roughly one kilometre in length. You can choose from the Heritage Tour, which lasts for one hour, and runs through the larger



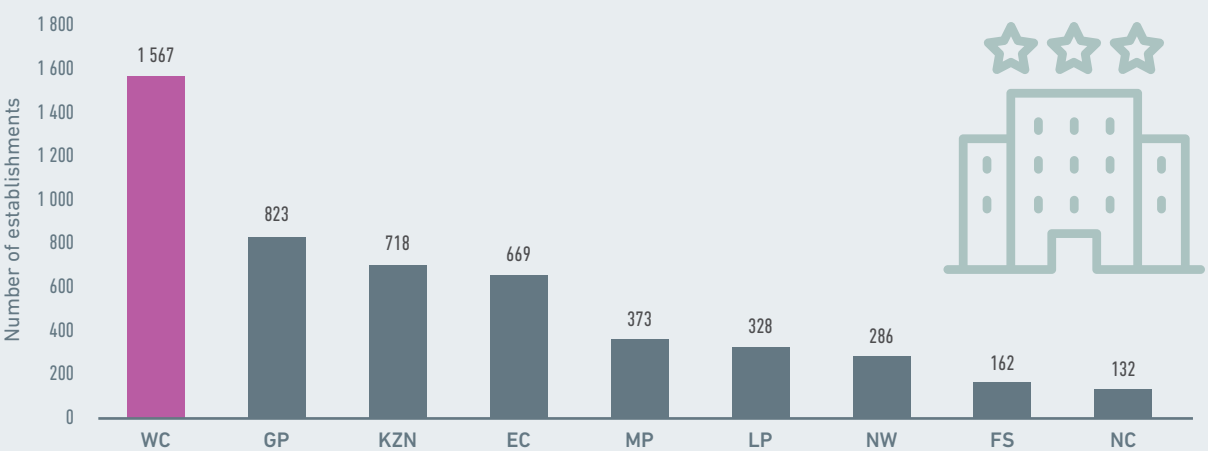
# ACCOMMODATION

Cape Town and the Western Cape offers a variety of accommodation to suit all group types, budgets and styles. Value for money, discreet first-class service and style make Cape Town and the Western Cape an inspiring choice to plan a memorable stay for any business or leisure visitor. With over 20 000 bedrooms, the greatest density of Cape Town hotels, boutique hotels, bed and breakfasts, guest houses, self-catering apartments and holiday villas are situated within the city bowl area and immediate South Atlantic Seaboard belt, all within a 10 minute drive from the Cape Town City Centre, Cape Town International Convention Centre or the V&A Waterfront.

## Western Cape Accommodation Stock

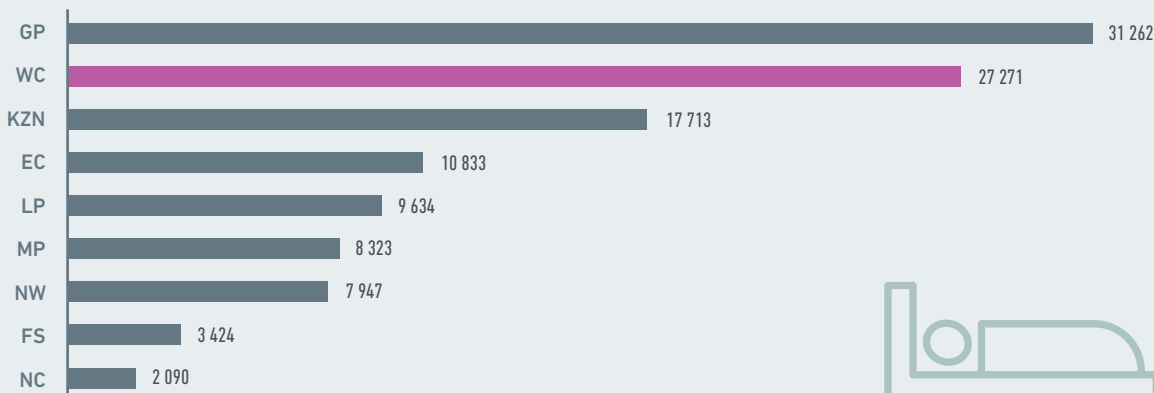
The Western Cape now has **1,567 graded properties** as of April 2018, with **27,271 graded rooms** available throughout the year.

NUMBER OF GRADED ESTABLISHMENTS IN SOUTH AFRICA, APRIL 2018



Source: Tourism Grading Council, 2018

NUMBER OF GRADED ROOMS IN SOUTH AFRICA, APRIL 2018



Source: Tourism Grading Council, 2018

# SHOPPING

Cape Town and the Western Cape offers a variety of shopping, offerings from international luxury brands, Cape Town produced designer clothing and curios, quality diamonds, tanzanite and fine jewellery and world class collections of art. For renowned brands and quality South African haute couture, plan a visit to one of the many shopping experiences across Cape Town and the Western Cape.



**Canal Walk**, just outside the Cape Town city centre, is one of the biggest shopping malls in the Southern Hemisphere, offering shoppers a choice between hundreds of stores offering everything from designer imports to hand-crafted South African curios.  
**Trading hours:** 9am to 9pm, Monday – Sunday.  
[www.canalwalk.co.za](http://www.canalwalk.co.za)



**Tyger Valley Shopping Centre**, a short drive out of the city centre, offers a waterfront, cinemas, restaurants and about 275 shops, boutiques and outlets to cater for every shopping need.  
**Trading hours:** 9am to 7pm, Monday – Saturday and 9am – 5pm, Sunday.  
[www.tygervally.co.za](http://www.tygervally.co.za)



The Victoria and Alfred Waterfront is one of Africa's most visited destinations and attracts 24 million people every year. Its setting is in the oldest working harbour in the southern hemisphere and it has Table Mountain as a dramatic backdrop. With over 450 retail outlets  
**Trading Hours:** Monday –9am to 9pm, Monday – Sunday  
[www.waterfront.co.za](http://www.waterfront.co.za)





# Discover Nature and Adventure

From African Penguin colonies to climbing the highest mountain peak in Cape Town and the Western Cape, discover an abundance of natural beauty and daring adventure experiences.  
Two day itineraries in each region:

## Cape Town

### Day 1

Scoutours offers you the unique opportunity to discover Table Mountain differently. Make your way down this iconic landmark with some of the best city views. Other Scoutour adventures include Franschhoek Adventure Scoutour is where you will free-wheel along sections of the historic 1825 Holloway Pass and 1819 Cats Path ox wagon trail that ends at Haute Cabrière Cellar Restaurant. Scoutours can be done in vibe-filled Cape Town and lush forests in Knysna.  
Trading hours: 7 days a week  
**www.scoutours.co.za**

Enjoy some surfing lessons at Muizenberg Beach known for consistent waves making it conducive to learning the art of surfing quickly and safely.  
Trading hours: 7 days a week  
**www.garysurf.co.za**

The panoramic views from the top of Table Mountain can certainly take your breath away, but abseiling down this icon, provides even better views. Descending down the side of a sheer cliff you will have Camps Bay, the Atlantic Seaboard and the deep blue ocean at your feet with the Twelve Apostles at your side.  
**www.abseilafrica.co.za**

### Day 2

Explore the City and surrounds by Sidecar. This trip includes a tour through the inner city, the scenic Atlantic Seaboard, Constantia Wine-lands and one of the most scenic passes – Chapman's Peak drive.  
Trading hours: Monday to Saturday 08h00 – 17h00  
**www.sidecars.co.za**

Snorkel with Cape Fur seals in their natural habitat in Cape Town. This is the ultimate wildlife experience for the adventurous. Drop into the cool Atlantic Ocean and swim with hundreds of playful seals, that will surround you in an instant. This half day excursion will allow you to interact with these friendly creatures and will definitely be one of the highlights when visiting Cape Town and the Western Cape.  
**www.sealsnorkeling.com**

City Cycle Tours recently introduced a niche tour of the city on a skateboard, led by an expert skateboarder- a tour with a twist. Duration is between 3-4 hours, starting at the Cape Town Stadium and ending in the in City Centre via Sea Point Promenade. Tours on scooters are also available for the less adventurous.  
Trading hours: Weekdays 07h00 – 17h00  
**www.citycycletours.co.za/city-skateboard-tour**

## Weskus

### Day 1

E-bike through the West Coast National Park the perfect destination for birdwatching as there are a number of bird houses dotted throughout the park or choose from a number of hiking trails such as Eves Footprint and Trail. In season (September - October) you will see a kaleidoscope of wild flowers throughout the park and go for a swim in the warmer months in the clear waters of the Langebaan Lagoon.  
Trading hours: Monday to Friday: 07:30 - 17:00 Saturday: 08:00 - 13:00  
**www.sanparks.co.za**

Enjoy windsurfing or Stand up Paddle Boarding on Langebaan main beach, the wind direction and speed makes Langebaan the perfect spot to enjoy this water adventure.  
**www.capesport.co.za**

Porterville paragliding, Porterville hang-gliding and Porterville free-flying are all the ideal way to discover Porterville and surrounds from a birds eye view.  
Trading hours: 7 days a week  
**www.flyporterville.info**

### Day 2 – Cederberg full 1 to 2 day trip

The Cederberg slack packing trails allows you to bask in beautiful rock formations unique to the Cederberg region in the Weskus. Depending on the hiking trail it includes all accommodation at guesthouses and homestays, some in picturesque Moravian towns, meals, guided rock art visits, donkey drives and entrances and fees.  
Trading hours: Monday to Friday 8h00 to 17h00  
**www.cedheroute.co.za**

## Cape Winelands

### Day 1

You can now abseil down the iconic Paarl Rock in the Cape Winelands. The unique adventure experience allows for beautiful scenic views of the Paarl Valley. The abseil is just short of a 100m. This is an easy abseil, because the start gradient is easy and not vertical. Included in this experience is a picnic and a guided tour. Booking is essential.  
Trading hours: 7 days a week  
**www.cascademanor.co.za**

Scoutour adventures include Franschhoek Adventure Scoutour is where you will free-wheel along sections of the historic 1825 Holloway Pass and 1819 Cats Path ox wagon trail that ends at Haute Cabrière Cellar Restaurant.  
Trading hours: 7 days a week  
**www.scoutours.co.za**

### Day 2

Take in the exquisite wine valleys through dramatic Cape Mountains and orchards, tastings on exclusive wine estates. Horse riding is an environmentally friendly way of discovering the destination, highly skilled guides will safely escort you on various.  
Trading hours: 7 days a week 08h00–17h00  
**www.capewinelandsriding.co.za**

## Cape Overberg

### Day 1

Visit the Stony Point Eco Centre in Bettys Bay. Visit the On the Edge restaurant and the Whale Museum providing guests with the history of the old Whale Station. The initiative was implemented to uplift the community of Moolitsig in Bettys Bay.  
Trading hours: 09h00 – 17h00  
**www.whalecoast.info**

The cliffs of De Kelders are a geological wonder and home to a number of ancient limestone caves. The Drip Cave or 'druipkelder' (as it is called by locals) is located under a natural spring and large amounts of fresh water percolate through its limestone floor to form crystal clear, natural pools.  
Trading hours: 7 days a week  
**www.dekeldersdripcave.wordpress.com**

### Day 2

Marloth offers various day trails, ranging from easy, short walks to more strenuous, longer hikes. These trails lead into the shady green indigenous forest, where cool pools and waterfalls wait to be discovered. Day walks are open from sunrise to sunset.  
Trading hours: 07h30 - 16h00  
**www.capenature.co.za**

Visit Agulhas National Park, where the Indian and Atlantic Ocean meet and is also the southern-most tip of Africa. Enjoy a walk along the boardwalk and visit the second oldest operating lighthouse in South Africa.  
Trading hours: Monday to Friday: 07:30 - 17:00 Saturday: 08:00 - 13:00  
**www.sanparks.co.za**

## Cape Garden Route & Klein Karoo

### Day 1

Enjoy the Point of Human Origin which could provide evidence on how early humans adapted to climate change, but also how they survived it.  
Trading hours: 7 days a week 08h00 – 18h00  
**www.humanorigin.co.za**

Sand board in Mossel Bay. Discover the world-famous 'Dragon Dune' which is the biggest and longest sand board ride in South Africa! With the focus on having fun! They cater for all age groups, beginners and Pro's. If you don't feel confident enough to stand up on your board, you can also sit down or enjoy a belly board ride.  
Trading hours:  
10 Dec to 10 Jan from 08H45  
11 Jan to 9 Dec from 09H00  
Afternoon session Contact them to confirm time  
**www.dragondune.com**

Cango Caves Zip line near Cango Caves in Oudtshoorn is a new experience that launched the 01 September 2016 at the Cango Caves Estate. Look forward to beautiful views of the estate and surrounds. One of the longest being up to 180m.  
Trading hours: 7 days a week 09h00 – 16h00  
**www.cangocavesestate.co.za**

### Day 2

Discover this unique adventure with Meerkats in Oudtshoorn. Located on the De Zeekoe Guest farm, the original meerkat conservation site, this is the only site in South Africa where you can do an exclusive 2-3 hour tour with wild meerkats in their natural habitat.  
Trading hours: 7 days a week  
**www.meerkatadventures.co.za**

Discover Featherbed Nature Reserve in Knysna for the perfect views of the Knysna Heads and Lagoon. Go on a boat trip and enjoy a number of nature trails throughout the reserve for picturesque moments.  
Trading hours: Monday – Friday 08h00 – 18h00  
**www.featherbed.co.za**

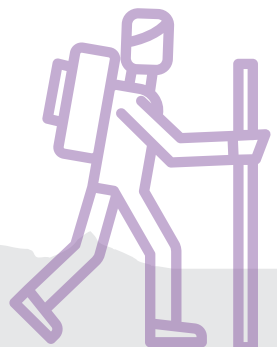
## Cape Karoo

### Day 1

This experience is near Laingsburg opposite Matjiesfontein. The Karoo being the largest ecosystem in South Africa, there is no better way to explore than on a quad bike. The farm offers three unique scenic routes, ranging from moderate to challenging terrain. Basic instruction is provided for beginners ahead of the ride. Some of the wildlife to that can be seen on these routes include Grey Rhebuck, Duiker, Steenbok, Springbok, Blesbok, Kudu, Gemsbok, Zebra & Sheep roam the farms pristine expansive arid plains & hills.

### Day 2

Enjoy a full day of hiking, horseback riding and stay over at one of the unique accommodation in Anysberg Nature Reserve near the Cape Karoo Karoo town of Laingsburg. The wide open spaces and clear night skies will allow for perfect star gazing opportunities.  
Trading hours: 07h30 - 16h00  
**www.capenature.co.za**





# CAPE TOWN BIG 6

Cape Town Big 6 consists of Cape Point, Kirstenbosch National Botanical Gardens, Groot Constantia, Robben Island, Table Mountain and Victoria & Alfred Waterfront. These 6 attractions are definitely a must see when visiting Cape Town & Western Cape as they each offer their own unique beauty just waiting to be discovered.



## Table Mountain

Table Mountain needs no introduction, this iconic landmark towers over Cape Town and can be seen from almost anywhere. One of the natural 7 wonders of the world, this icon can be explored by either a cableway or hike up. Whatever you may decide, you will be amazed at the views on top of this majestic mountain.

[www.tablemountain.net](http://www.tablemountain.net)



## Cape Point

There are not many things that can compare to the beauty at Cape Point, which is situated at the South western tip of Africa. These views allow for perfect photographic moments. Take a picture at the Cape of Good Hope sign for the perfect memories.

[www.capepoint.co.za](http://www.capepoint.co.za)



## Robben Island

Robben Island forms part of the UNESCO World Heritage sites of the world and there are few places in South Africa that bear the weight and sheer historical importance. Discover a guided tour by a former inmate on the island which will provide you with a personalized experience through the prison cells and courtyard where many integral political figures such as Nelson Mandela aided in shaping South Africa.

[www.robben-island.org.za](http://www.robben-island.org.za)



## Kirstenbosch National Botanical Garden

Kirstenbosch National Botanical Gardens was voted Garden of the year at the 2015 International Garden Tourism Awards and are located at the foot of the iconic Table Mountain. The gardens are just over a hundred years old. It is the first garden of its kind to be devoted entirely to a single country's indigenous fauna. Visit the new Treetop Canopy Walkway, the 'boomslang' which gives you a bird's eye view of the gardens and the surrounding beauty.

[www.sanbi.org/gardens/kirstenbosch/](http://www.sanbi.org/gardens/kirstenbosch/)



## Groot Constantia

Groot Constantia is South Africa's oldest wine producing estate. You can dine at superb restaurants while sipping on some of the finest wines. The beautiful estate with Cape Dutch architecture offers a wine cellar tour and superb wine tasting opportunities. For big groups wanting to visit the farm restaurants, special dietary requirements will be made.

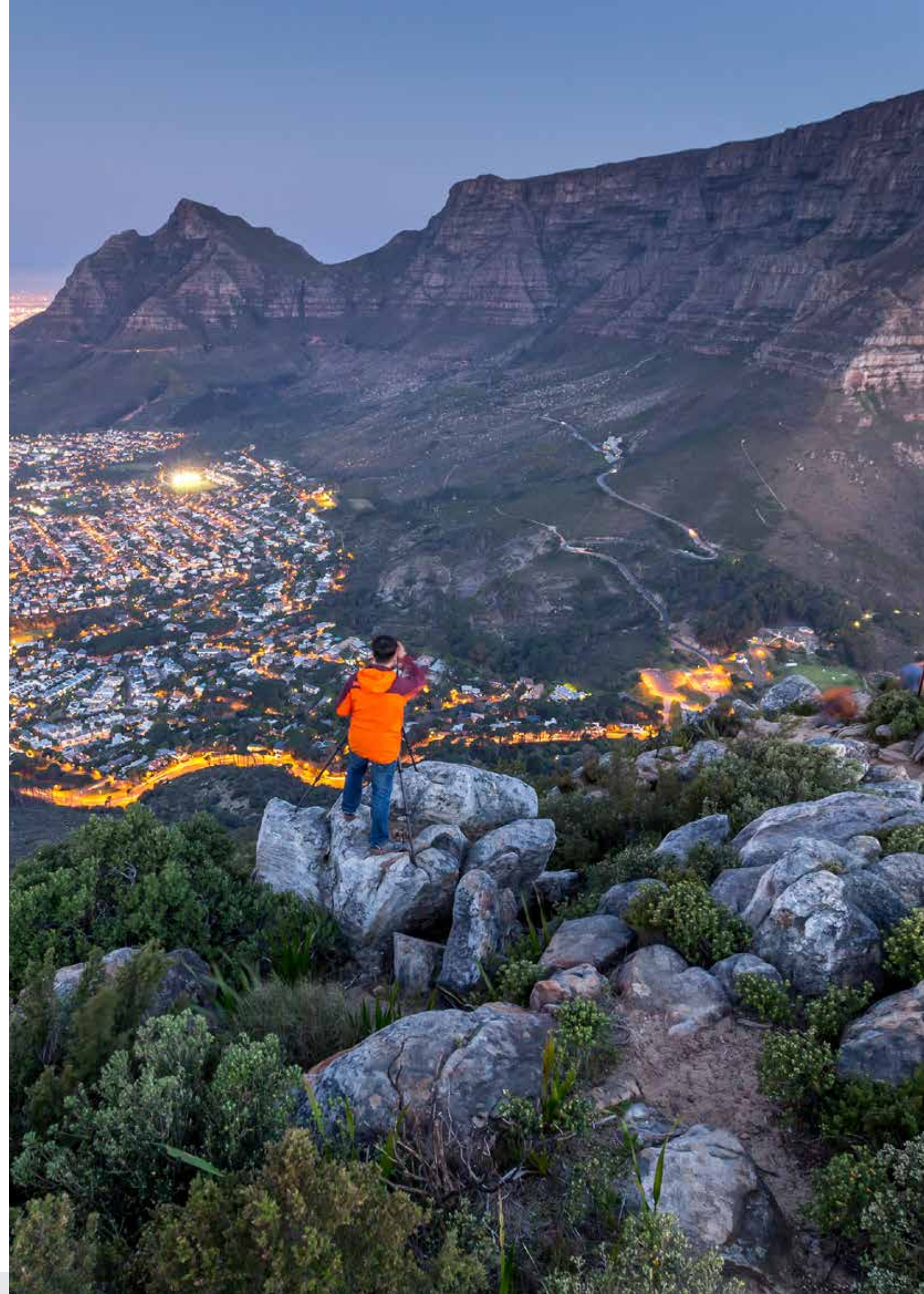
[www.grootconstantia.co.za](http://www.grootconstantia.co.za)



## The V&A Waterfront

The V&A Waterfront is a world recognized shopping hotspot in the Western Cape. With over 450 retail outlets selling everything from fashion, homeware and curios, to jewellery, leather goods and audio visual equipment, the V&A Waterfront is South Africa's most popular shopping destination and also has prayer room facilities.

[www.waterfront.co.za](http://www.waterfront.co.za)











## Discover New Experiences

### Cape Town – Trendy new spots

#### The Alba Restaurant

Alba Restaurant is a first for Cape Town and is unique in every way, here's why! The Alba Restaurant is a floating restaurant. Enjoy a fine dining restaurant experience while floating on the waters of the Table Bay Hotel. This 72 seater restaurant is designed to be stable and smooth in the water, with floor to ceiling glass windows which results in great views regardless of the weather.

[www.thealba.co.za](http://www.thealba.co.za)

#### Cape Camino

Walk for seven days along the Cape Camino route with 16-20 other walkers. Visit diverse sacred spaces, neighbourhoods and communities and magnificent terrain around the Cape peninsula. Group Caminos offer individual pilgrims and small groups, who seek the solitude of a personal journey, within the comfort and company of other like-minded walkers, sharing accommodation, food, wine, stories, laughs and blisters. Both guided and self guided days available. Plus a range of options such as backpacker shared, homestay or private guesthouse accommodation.

[www.capecamino.co.za](http://www.capecamino.co.za)

#### Norval Foundation

New to the art scene in Cape Town is the Norval Foundation for art and cultural expression located in Steenberg. Visitors can enjoy a sculpture garden, an outdoor amphitheatre, research library, an on-site restaurant that serves classical South African cuisine and The Apartment is also available to rent for an exclusive "night at the museum" experience.

[www.norvalfoundation.org](http://www.norvalfoundation.org)

#### Cape Town City Hall

A newly-freed Nelson Mandela made his first public speech from the balcony of Cape Town City Hall on the 11th of February 1990. The speech became a defining moment of his legacy. A new larger than life Nelson Mandela statue was erected in his honour on the 24th July 2018 on the very spot he delivered his speech. The Cape Town City Hall is a large Edwardian building located on the Grand Parade, which was where tens of thousands of people gathered to hear and see Mandela address the country.

#### Kwa Ace

Dance the night away at Kwa – Ace also known as the "The Castle", in Khayelitsha. This is where partygoers can enjoy music styles ranging from Gqom to deep and commercial house and kwaito at this recently relaunched hotspot.

[www.kwaace.co.za](http://www.kwaace.co.za)

#### Battery Park

Battery Park is a new urban park that forms the gateway to the V&A Waterfront. Officially opened in October 2018 this is where visitors can engage in a range of outdoor recreation, entertainment and retail activities in various levels of public spaces.

[www.waterfront.co.za/battery-park](http://www.waterfront.co.za/battery-park)

### Cape Garden Route & Klein Karoo – Nature

#### Featherbed Eco Experience

The Featherbed Eco Experience has officially reopened on 1 December 2018 after the 2017 Knysna Fires.

There is no better way to experience the rejuvenation of nature than taking a journey with a qualified guide through the Featherbed Nature Reserve. The tour includes a return ferry trip on the Knysna Lagoon to the Western Head, 4x4 vehicle & trailer drive up the headland onto the Reserve, stopping at spectacular viewpoints and optional guided 2.2km walk through coastal forest and fynbos into ancient sea caves. This experience is suitable for all ages.

[www.knysnafeatherbed.com](http://www.knysnafeatherbed.com)

### Cape West Coast – The home of New Routes

#### Cederberg Circuit

Cederberg Circuit takes you over 247km through winding historical mountain passes, past crystal clear rivers and unique nature reserves. This route can be done in 3 – 6 days.

[www.capecycleroutes.co.za](http://www.capecycleroutes.co.za)

#### West Coast Fossil Park

West Coast Fossil Park has a new visitor centre which enhances the visitor experiences at this unique location. The West Coast Fossil Park near the coastal and popular holiday destination of Langebaan, has one of the world's richest concentration of fossils dating back to the early Pliocene era some five million years ago. Discover the story when once sabre-toothed cats roamed this land, along with short-necked giraffes, four-tusked elephants and strange, three-toed horses.

[www.fossilpark.org.za](http://www.fossilpark.org.za)

#### Heritage Centre at Khwa ttu

On Heritage Day, 2018, the only heritage centre in the world dedicated to the San opened at !Khwa ttu.

The Heritage Centre building at !Khwa ttu is co-curated by San communities and serves as a vibrant demonstration of culture and beliefs and the digital archive will link you to one of the most recorded indigenous group in existence.

[www.khwattuheritagecentre.org](http://www.khwattuheritagecentre.org)

### Cape Winelands – Architectural Splendour

#### Bosjes

Located near the historic town of Worcester lies something truly magical and unique surrounded by the inspiring Slanghoek and Waaihoek mountain ranges. Bosjes meaning "small bushes" in Dutch is the new name given to the old Bosjes-man's Valley Farm dating back to 1790. The striking new chapel designed by Coetzee Steyn from Steyn Studio is the highlight to many visiting.

[www.bosjes.co.za](http://www.bosjes.co.za)

#### Wine Valley Safari

The Wine Valley Safari offers a safe, reliable, convenient and extremely fun transport in an open-air safari vehicle. Guests have the option to choose from self-guided hop-on hop-off routes to pre-packaged wine tasting tours. There is no better way to explore the Robertson Wine Valley.

[www.winevalleysafari.com](http://www.winevalleysafari.com)

#### Discover the origin of early sapiens behaviour at Spier

Spier Wine Farm in Stellenbosch hosts the Origins of Early Sapiens Behaviour until February 2019. This multimedia compilation of displays and artefacts offers extraordinary insights into early human ancestors and Homo sapiens. Cabinets display carefully crafted replicas of the archaeological artefacts discovered at Blombos Cave and Klipdrift Shelter.

[www.spier.co.za](http://www.spier.co.za)

#### The Franschhoek Wine Tram has doubled

Franschhoek Wine Tram recently launched their long-awaited, beautiful double-decker trams. Also added to their list of new additions are two new routes to choose from. The Orange Line departs on the tram bus first and includes the following wine estates: Noble Hill Wine Estate, Babylonstoren, Backsberg, Glen Carlou, Solms-Delta Wine Estate, Vrede en Lust Estate and Plaisir de Merle; the Purple Line departs on the tram first and showcases the western region of the Franschhoek Valley stopping at the following wine estates: Vrede en Lust Estate, Plaisir de Merle, Allée Bleue Wine Estate, Noble Hill Wine Estate, Babylonstoren, Backsberg and Glen Carlou.

[www.winetram.co.za](http://www.winetram.co.za)

### Cape Karoo – Open Spaces

#### Heuningland Karoo Trail - Karoo Camino

Follow in the footsteps of Sylvester the lion, by walking a circular route for about 100 km over four days through the beautiful and tranquil Karoo. This trail will revitalise your soul as you take in the natural surrounds and clear starry night skies. The hiking trail will be clearly marked and every one walks at their own pace.

[www.heuningland.com](http://www.heuningland.com)

### Cape Overberg – Wine & Cuisine

#### Elgin Rail Market

The Elgin Valley is an ideal week-end getaway destination for nature lovers, wine enthusiasts, culinary explorers and adventure seekers. The Elgin Rail Market officially opens on the 16 June 2018, this is an art deco and art nouveau inspired market. A host of local traders will be available in a very interesting space.

[www.elginrailwaymarket.co.za](http://www.elginrailwaymarket.co.za)

#### Overberg Meander

The newly launched Overberg Meander forms part of the Cape Cycle Route network. Pedal through the rolling hills of the Swellendam Valley with the Langeberg Mountains as your backdrop, as you arrive at the southern-most tip of Africa at Cape Agulhas as you embark on your Overberg Meander journey. Stop over at the historic town of Elim – a former Moravian Mission station – and sample the unique vintages of the Elim Wine Route, the southern-most wine route in South Africa. Discover the quaint, idyllic village of Stanford, a quiet town that despite its size punches well above its weight in the production of craft beer and artisanal gin and produce. Cruise into - and through - the aptly-named Hemel-en-Aarde Valley (Heaven on Earth), before finishing your journey in Elgin Valley, a gem of the Cape Overberg - an adventure traveler's dream, with some of the most epic mountain biking trails; with wine thrown in for good measure.

[www.capecycleroutes.co.za](http://www.capecycleroutes.co.za)



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